

Cowboy In Me

32 count, 2 wall, intermediate level

Choreographer: Katri Ristolainen (Mar 2008)

Choreographed to: The Cowboy In Me by Tim McGraw,

Album: Set This Circus Down

LEFT SIDE BASIC, RIGHT SIDE BASIC, ¼ TURN LEFT CROSS, SYNCOPATED ROCK STEP, CROSS, SWEEP, CROSS, STEP

- 1, 2& Step left to side, rock back on right, recover weight on left
- 3, 4& Step right to side, rock back on left, recover weight on right
- 5 Turn ¼ left and cross left over right (face 9.00)
- 6& Rock right to right diagonal, recover weight on left
- 7, 8& Cross right behind left and sweep left from front to back, cross left behind right, step right to side

CROSS, SWEEP, CROSS ROCK, HITCH ½ TURN RIGHT, 2 STEPS FORWARD, RIGHT LUNGE, 5 RUNS BACK, CROSS

- 1, 2& Cross left over right and sweep right from back to front, cross rock right over left, recover weight on left
- 3, 4& Hitch right leg so that right ankle touches left knee and turn ½ right (face 3.00), step right forward, step left forward
- 5 Lunge right foot forward
- 6&7&8& Run back left, right, left, right, left, cross right over left

STEP ¼ TURN, STEP, STEP THREE TIMES, SWAYS

- 1, 2& Step left to side, step right, left back
- 3, 4& Turn ¼ right and step right to side, step left, right forward
- 5, 6& Turn ¼ right and step left to side, step right, left back (face 9.00)
(1-6& make a square turning ½ right)
- 7, 8& Sway hips to right, left, right

LEFT SIDE BASIC, TURN ¼ RIGHT, SWEEP ½ RIGHT, CROSS ROCK, STEP LEFT, FORWARD, CROSS, UNWIND RIGHT

- 1, 2& Step left to side, rock back on right, recover weight on left
- 3, 4 Turn ¼ right and step right forward, sweep left around clockwise to turn ½ right (face 6.00)
- 5, 6& Cross rock left over right, recover weight on left, step left to side
- 7, 8 Step right forward, cross left over right and unwind full turn right (weight changes to right foot)

Tag 2nd wall is two counts short, so dance counts 29-30 as follows:

- 5, 6 Cross left over right and unwind full turn right (weight changes to right foot)

Restart On 4th wall start from beginning after 16 counts (turn to face 12.00)

Tag 5th wall is two counts longer, so just make the last unwind little slower and continue when the beat kicks back in.