

Cowboy Half Up

48 count, 2 wall, beginner/intermediate level
Choreographer: Jan Wyllie (Aus) Sept 2007
Choreographed to: Cowboy Up by Jill Johnson

FORWARD ROCK RETURN, COASTER STEP, FORWARD ROCK RETURN, ½ SHUFFLE

- 1-2 Rock left forward, rock right back
3&4 Step left back, step right beside left, step left forward
5-6 Rock right forward, rock left back
7&8 Making ½ right shuffle forward right, left, right

Restart here on wall 7

FORWARD ROCK RETURN, COASTER STEP, FORWARD ROCK RETURN, ¼ SHUFFLE

- 9-10 Rock left forward, rock right back
11&12 Step left back, step right beside left, step left forward
13-14 Rock right forward, rock left back
15&16 Making ¼ right shuffle to the right stepping right, left, right

CROSS ROCK RETURN, SIDE SHUFFLE, CROSS ROCK & SIDE, CROSS ROCK & SIDE

- 17-18 Cross/rock left over right, rock right back
19&20 Shuffle to the left stepping left, right, left
21&22 Cross/rock right over left, rock left back, step right to right side
23&24 Cross/rock left over right, rock right back, step left to left side

ROCK RETURN, ¼ SHUFFLE, CROSS ROCK & SIDE, CROSS ROCK & SIDE

- 25-26 Rock right forward, rock left back
27&28 Making ¼ right shuffle forward right, left, right
29&30 Cross/rock left over right, rock right back, step left to left side
31&32 Cross/rock right over left, rock left back, step right to right side

FORWARD ROCK RETURN, LOCK STEP BACK, ½ ROCK RETURN, LOCK STEP BACK

- 33-34 Rock left forward, rock right back
35&36 Step left back, lock/cross right over left, step back on, left
37-38 Making ½ turn right rock right forward, rock left back
39&40 Step right back, lock/cross left over right, step right back

ROCK RETURN SHUFFLE FORWARD, STOMP STOMP, BUMP HIPS RIGHT-LEFT-RIGHT

- 41-42 Rock left back, rock right forward
43&44 Shuffle forward left, right, left
45-46 Stomp right beside left, stomp left beside right
47&48 Step right forward bumping hip forward, back forward

RESTART on wall 7 after count 8 (you will be facing the back)

ENDING

The dance finishes on count 44 facing the back wall.

Step RIGHT FORWARD, pivot ½ to front and stomp right, left, right

Written in response to a request from Tracey Daffey (Dolphin Line Dancers, Yeppoon Qld) for an easier dance to this song