

ROCKING CHAIRS

/The hands and arms are bent at the elbow and are moving across the body in an opposite motion to the feet like windshield wipers in motion.

- 1 - 2 Step forward on right foot, rock back on left foot in place
3 - 4 Step back on right foot, rock forward on left foot in place
5 - 8 Repeat counts 1-4

TWIST & CROSS STEPS

- 9 Step right foot forward and across left foot (angle toe to 11 o'clock)
10 Step left foot forward and across right foot (angle toe to 1 o'clock)
11 Step right foot forward and across left foot (angle toe to 11 o'clock)
12 Hold
13 Step left foot forward and across right foot (angle toe to 1 o'clock)
14 Step right foot forward and across left foot (angle toe to 11 o'clock)
15 Step left foot forward and across right foot (angle toe to 1 o'clock)
16 Hold

SYNCOPATED VINES RIGHT

- 17 Step to the right on right foot
18 Cross left foot behind right and step
& Step to the right on right foot
19 Cross left foot over right and step
20 Step to the right on right foot
21 Cross left foot behind right and step
& Step to the right on right foot
22 Cross left foot over right and step
23 Step to the right on right foot
24 Step left foot next to right

WALK BACKWARD, HITCH & KNEE SLAP, MILITARY PIVOTS RIGHT

- 25 Walk backward on right foot
26 Walk backward on left foot
27 Walk backward on right foot
28 Hitch left knee and slap knee with left hand
29 Step forward on left foot
30 Pivot 1/2 turn to the right on ball of left foot and shift weight to right foot
31 - 32 Repeat counts 29-30

VINE LEFT, TOGETHER, SWIVET RIGHT, SWIVET LEFT

- 33 Step to the left on left foot
34 Cross right foot behind left and step
35 Step to the left on left foot
36 Step right foot next to left
37 On heel of right foot and ball of left foot, swivel right toes to the right and left heel to the left
38 Swivel feet back to center
39 On heel of left foot and ball of right foot, swivel left toes to the left and right heel to the right
40 Swivel feet back to center

TWISTING HEEL SWIVELS, TRAVELING TURN RIGHT, TOGETHER

- 41 Bend knees and twist downward while swiveling heels to the right
42 Bend knees and twist downward while swiveling heels to the left
43 Straighten knees and twist upward while swiveling heels to the right
44 Straighten knees and twist upward while swiveling heels to the left
45 Step to the right on right foot and begin a full turn to the right traveling to the right
46 Step on left foot and continue full traveling turn to the right
47 Step on right foot and complete full traveling turn to the right

48 Step left foot next to right

FORWARD WALK, HITCH & KNEE SLAP, BACKWARD WALK, TURN, HITCH AND KNEE SLAP

49 Walk forward on right foot

50 Walk forward on left foot

51 Walk forward on right foot

52 Hitch left knee and slap left knee with left hand

53 Walk backward on left foot

54 Walk backward on right foot

55 Walk backward on left foot and make a 1/4 turn to the left with the step

56 Hitch right knee and slap right knee with right hand

HIP BUMPS, HIP GRINDS

57 - 58 Step diagonally to the right on right foot and bump hips to the right twice

59 - 60 Bump hips to the left twice

61 Grind hips to the right and forward

62 Grind hips to the right and backward

63 - 64 Repeat counts 61-62

CHA-CHA FORWARD, ROCK STEPS, CHA-CHA BACK, ROCK STEPS

65 & 66 Cha-cha forward (right-left-right)

67 Step slightly forward on left foot

68 Rock back onto right foot in place

69 & 70 Cha-cha forward (left-right-left)

71 Step slightly back on right foot

72 Rock forward onto left foot in place

CHA-CHA FORWARD, MILITARY PIVOT RIGHT, TURNING CHA-CHA, ROCK STEPS

73 & 74 Cha-cha forward (right-left-right)

75 Step forward on left foot

76 Pivot 1/2 turn to the right on ball of left foot and shift weight to right foot

77 & 78 Cha-cha in place (left-right-left) making a 1/2 turn to the right with these steps

79 Step back on right foot

80 Rock forward onto left foot in place

CHA-CHA FORWARD, SIDE STEP, SHIMMIES, CLAP

81 & 82 Cha-cha forward (right-left-right)

83 Step forward on left foot

84 Step to the right on right foot

85 - 87 Shimmy body while dragging left foot over next to right

88 Touch left foot next to right and clap hands

TRAVELING TURN LEFT, SIDE STEP, SHIMMIES, TOGETHER

89 Step to the left on left foot and begin a full turn to the left traveling to the left

90 Step on right foot and continue full traveling turn to the left

91 Step on left foot and complete full traveling turn to the left

92 Step to the right on right foot

93 - 95 Shimmy body while dragging left foot over next to right

96 Step left foot next to right

RIGHT KICK-BALL CHANGES, DIAGONAL STEP-TOUCHES

97 Kick right foot forward

& Step on ball of right foot next to left

98 Step left foot next to right

99 & 100 Repeat counts 97&98

101 Step forward and diagonally right on right foot

102 Touch left toe next to right foot

103 Step back and diagonally left on left foot

104 Touch right toe next to left foot

DIAGONAL STEP-TOUCH & CLAPS, HEEL GRINDS

105 Step back and diagonally right on right foot

106 Touch left toe next to right foot

107 Step forward and diagonally left on left foot

108 Touch right toe next to left foot

109 Step forward on right heel with toe pointing to the left

- 110 Grind heel from left to right
 & Rock back on left foot in place
 111 Step forward on right heel with toe pointing to the left
 112 Grind heel from left to right

TRAVELING TURNS RIGHT AND LEFT

- 113 Step to the right on right foot and begin a full turn to the right traveling to the right
 114 Step on left foot and continue full traveling turn to the right
 115 Step on right foot and complete full traveling turn to the right
 116 Touch left foot next to right
 117 Step to the left on left foot and begin a full turn to the left traveling to the left
 118 Step on right foot and continue full traveling turn to the left
 119 Step on left foot and complete full traveling turn to the left
 120 Touch right foot next to left

OUT-OUT, IN-IN, MONTEREY TURN, MODIFIED MONTEREY TURN, OUT-OUT, CROSS

- & Step to the right on right foot
 121 Step left foot about shoulder width apart from right foot
 & Step right foot to home
 122 Step left foot next to right
 123 Touch right toe to the right
 124 Pivot 1/2 turn to the right and step right foot next to left (shift weight to right foot)
 125 Touch left toe to the left
 126 Slide left foot over next to right while making a 1/2 turn to the right and step left foot next to right
 & Step to the right on right foot
 127 Step left foot about shoulder width apart from right foot
 & Step right foot to home
 128 Cross left foot over right and touch left toe in front of right foot

STEP, SLIDE, STEP, BRUSH, JAZZ SQUARE

- 129 Step forward on left foot
 130 Slide right foot up to and behind left heel
 131 Step forward on left foot
 132 Brush right foot forward
 133 Cross right foot over left and step
 134 Step back on left foot
 135 Step right foot slightly to the side
 136 Step left foot next to right

SIDEWAYS SHUFFLES

- 137 & 138 Turn torso diagonally to the right and shuffle to the right (right-left-right)
 & Pivot 1/2 turn to the left on ball of right foot
 139 & 140 Shuffle sideways to the left (left-right-left)
 & Pivot 1/2 turn to the right on ball of left foot
 141 & 142 Shuffle sideways to the right (right-left-right)
 & Pivot 1/2 turn to the left on ball of right foot
 143 & 144 Shuffle sideways to the left (left-right-left)

REPEAT

/Upon completion of the third repetition through the dance and with body turned diagonally to the left, end with the following rocking chair.

- 1 Step forward and rock onto right foot
 2 Rock back onto left foot in place
 3 Step back and rock onto right foot
 4 Rock forward onto left foot in place

/Swing right arm overhead as if swinging a lariat, continuing until music ends.