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|---------|---|
| 1 - 4   | Step forward right, step forward left, step forward right, step left together |
| 5 - 6   | Step back right, step left together   |
| 7 - 10  | Step back right, step back left, step back right, step left together          |
| 11 - 12 | Step forward right, step left together  |
| 13 & 14 | Shuffle sideways to right (right-left-right)                                  |
| 15 - 16 | Turn 1/4 turn right & rock forward onto left, rock back onto right            |
| 17 & 18 | Turn 1/4 turn left & shuffle sideways to left (left-right-left)               |
| 19 - 20 | Turn 1/4 turn left & rock forward onto right, rock back onto left             |
| 21 - 22 | Rock/sway forward right, rock/sway back onto left while turning 1/4 turn left |
| 23 - 24 | Rock/sway forward right, rock/sway back onto left while turning 1/4 turn left |
| 25 - 26 | Step right cross front of left, kick left 45 degrees front left               |
| 27      | Step back left  |
| & 28    | Step back right, step left across front of right                              |
| 29      | Step back right   |
| & 30    | Step back left, step right across front of left                               |
| 31      | Step back left  |
| & 32    | Step back right, step left across front of right                              |

**REPEAT**