

A Minute In Time

IMPROVER

32 Count 4 Walls

Choreographed by: Derek Robinson

Choreographed to: From Time To Time by Rascal Flatts

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- 1** **WALK FORWARD RIGHT, LEFT, ROCK RIGHT, STEP FORWARD, PIVOT 1/2 RIGHT, ROCK LEFT, CROSS.**
1 - 2 Walk forward right, left.
3 & 4 Rock to right side on right, rock onto left in place, step forward right.
5 - 6 Step forward left, pivot 1/2 turn right. (6 o'clock).
7 & 8 Rock to left side on left, rock onto right in place, cross left over right.
- 2** **SIDE RIGHT, BEHIND, ROCK RIGHT & CROSS, SIDE LEFT, BEHIND, ROCK LEFT & CROSS**
1 - 2 Step right to right side, cross left behind right.
3 & 4 Rock to right side on right, rock onto left in place, cross right over left
5 - 6 Step left to left side, cross right behind left.
7 & 8 Rock to left side on left, rock onto right in place, cross left over right.
- 3** **TURN 1/4 LEFT X 2, CROSS SHUFFLE, ROCK LEFT, SAILOR 1/4 TURN LEFT.**
1 - 2 Turn \hat{A} ¼ left stepping back on right, turn \hat{A} ¼ left stepping left to left side. (12 o'clock).
3 & 4 Cross right over left, close left beside right, cross right over left.
5 - 6 Rock to left side on left, rock onto right in place.
7 & 8 Making 1/4 turn left cross left behind right, step right to right side, step left in place. (9 o'clock).
- 4** **PIVOT 1/2 LEFT, SHUFFLE FORWARD RIGHT, PIVOT 1/2 RIGHT, SHUFFLE FORWARD LEFT.**
1 - 2 Step forward right, pivot 1/2 turn left.
3 & 4 Step forward right, close left beside right, step forward right.
5 - 6 Step forward left, pivot 1/2 turn right.
7 & 8 Step forward left, close right beside left, step forward left. (9 o'clock).

Repeat