

HEEL TAPS- TOE TAPS - HITCHES

1 & 2 & 3 & 4 Tap right heel forward, lift into a right, hitch, tap right toe back (extended), lift into right hitch, tap right heel forward, lift into right hitch, place right foot to right side.

5 & 6 & 7 & 8 Tap left heel forward, lift into a left hitch, tap left toe back (extended), lift into left, hitch, tap left, heel forward, lift into left hitch, place left foot to left. (Weight is now on left foot)

STEP SLIDE, SLAP, 1/4 TURN LEFT, ROCK STEPS

1 - 4 Step right foot forward, slide left up to right, step with right doing a 1/4 turn left, slap left foot behind with right hand during the turn

5 - 8 Step to left on left foot, slap right foot behind with left hand,, rock on to right, rock on to left

1/4 TURN, SLAP, CROSS & ROCK & TOE HEEL DROPS

1 - 4 1/4 turn to right, on right foot, slap left foot behind with right hand, step left to left side, slap right foot with left hand..

5 - 8 Rock to right side, rock on to left foot, cross right over left, toe- heel drop

/Raise both hands above head on count 3. On the heel drop (count 4) click fingers of both hands, continue to click on counts 2 and 4 until the next 4 beats are finished. Hand movements are optional

ROCK STEP, HEEL DROPS

1 - 4 Rock to left with left foot, rock on to right foot, point left toe forward. Drop heel

KICK BALL CHANGE, TOE BEHIND, 1/4 TURNS

1 & 2 & 3 & 4 Kick right foot forward, step right foot beside left, extend and touch left toe behind, step left beside right, kick right forward, step right back while turning 1/4 turn left. (weight is now on right). Make a long (extended)step forward with left foot.

5 & 6 & 7 & 8 Repeat the last 4 counts

CROSS & ROCK & TOE HEEL DROPS, 45 DEGREES. ROCKS, HIP SWAYS

1 - 4 Rock on right, rock back on to the left, cross right toe over in front of left, and drop heel down

5 - 8 Rock on left, rock back on to right, cross left toe in front of right, and drop heel down

9 - 12 Rock back with right on diagonal. Sway hips right, forward onto left, sway hips left, rock back onto right, back on to left

/At the end of the dance, do a right hitch hiker's thumb

REPEAT