
INTRO The dance starts approximately 38 seconds from the beginning of the track on the word 'life'.

(1 - 8) Right vine, crossing triple, scissors cross

1 - 3 RF step side, LF cross step behind RF, RF step side

4 & 5 LF cross step over RF, RF step side, LF cross step over RF

6 - 8 RF step side, LF step next to RF, RF cross step over LF

(9 - 16) Left vine, crossing triple, scissors cross

1 - 3 LF step side, RF cross step behind LF, LF step side

4 & 5 RF cross step over LF, LF step side, RF cross step over LF

6 - 8 LF step side, RF step next to LF, LF cross step over RF

(17 - 24) Turn 1/4 left stepping back, rock back, triple forward, 1/4 left, cross

1 - 3 1/4 turn left stepping RF back, LF rock back, recover RF (9:00)

4 & 5 LF step forward, RF step next to LF, LF step forward

6 - 8 RF step forward, 1/4 turn left, RF cross step over LF (6:00)

(25 - 32) Left side, cross rock back, Right side, cross rock back, Left side, touch

1 - 3 LF step side, RF cross rock behind LF, recover LF

4 - 6 RF step side, LF cross rock behind RF, recover RF

7 - 8 LF step side, RF touch next to LF * (1st restart wall 4)

(33 - 40) Turn 3/4 right, triple forward, big step forward, touch

1 - 3 Walk around 3/4 turn right stepping RLR (3:00)

4 & 5 LF step forward, RF step next to LF, LF step forward

6 - 8 RF big step forward, dipping down drag LF toward RF, LF touch next to RF

(41 - 48) Turn 3/4 left, triple forward, big step side, touch

1 - 3 Walk around 3/4 turn left stepping LRL (6:00)

4 & 5 RF step forward, LF step next to RF, RF step forward

6 - 8 LF big step side, dipping down drag RF toward LF, RF touch next to LF

(49 - 56) Jazzbox, hip bumps LRL, side, together

1 - 4 RF step side, LF cross step over RF, RF step back, LF step side bumping hip left

5 - 6 Bump hip right, bump hip left ** (2nd restart wall 6)

7 - 8 RF step side, LF step next to RF

(57 - 64) Chasse right, back rock, chasse left, back rock

1 & 2 RF step side, LF step next to RF, RF step side

3 - 4 LF cross rock behind RF, recover RF

5 & 6 LF step side, RF step next to LF, LF step side

7 - 8 RF cross rock behind LF, recover LF

Restarts: (both facing 12:00)

* **1st restart-Wall 4: dance 32 steps then restart at the beginning**

** **2nd restart-Wall 6: dance 54 steps then restart at the beginning**