

## Cool Jerk 2010

64 Count, 4 Wall, Improver

Choreographer: Forty Arroyo (USA) Sept 2010

Choreographed to: Cool Jerk by The Capitols

CD: Dance the Cool Jerk

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Starts on vocals

**1-8 VINE RIGHT, TOUCH LEFT 4X**

1-4 Step right to side, cross left behind, step right to side, touch left to right

5-8 Touch left toes - out, in, out, in

**9-16 VINE LEFT, TOUCH RIGHT 4X**

1-4 Step left to side, cross right behind, step left to side, touch right to left

5-8 Touch right toes - out, in, out, in

**17-24 STEP BACK, TOUCH 'N CLAP (REPEAT 3X)**

1-4 Step right back diagonal, touch left together, step back left diagonal, touch right together - (clap when you touch)

5-8 Step right back diagonal, touch left together, step back left diagonal, touch right together - (clap when you touch)

**25-32 CROSS, HOLD, CROSS, HOLD, STEP, HOLD, ¼ TURN, HOLD**

1-4 Cross right over left, hold, cross left over right, hold

5-8 Step right forward, hold, turn ¼ left, hold (weight on left) - (end at 9:00)

**33-48 TOE HEEL STRUTS, ¼ TURN JAZZ BOX**

1-4 Traveling forward - step right toe, drop right heel, step left toe, drop left heel

5-8 Cross right over left, step back slightly on left, step right turning ¼ right, step left together (end at 12:00))

9-16 Do the jerk or whatever you feel

**49-56 REPEAT STEPS 33-40**

1-8 Toe heel struts, ¼ turn jazz box (end at 3:00))

**57-64 REPEAT STEPS 41-48**

1-8 Do the jerk or whatever you feel

**TAG: After walls 2 and 5**

**JAZZ BOX, OUT, OUT, HOLD FOR 2**

1-4 Cross right over left, step back slightly on left, step right slightly to side, step left together

5-6 Stomp right together, stomp left together

7-8 Raise arms above head and say "woooooo....."

After the second tag, just do The Jerk to the end of the music

**THE JERK**

Counts 41-48 and 57-64, and ending

1 With weight on left and right heel forward, arch back swinging left arm back and right arm across and over left shoulder

2 Jerk shoulders and hips forward as you bring both arms forward

3 Swing right arm back and left arm across & over right shoulder

4 Jerk shoulders and hips forward as you bring both arms forward swing left arm back and right arm forward and over your head. Jerk shoulders and hips forward as you bring both arms forward

5-8 Repeat

Special thanks to Mellonee Pauley for her feedback and assistance