

#### **RIGHT, LEFT BEHIND, ROCK ON LEFT, STEP LEFT, CROSS RIGHT, UNWIND FULL TURN, ROCK RIGHT**

- 1 - 2 Step right foot to right side, step left foot behind right  
& 3 - 4 Step right foot to right side, rock left across in front of right, rock weight back onto right foot  
5 - 6 Step left foot to left side, cross step right foot in front of left  
7 - 8 Unwind a full turn left, rock to right side on right foot

#### **LEFT, RIGHT BEHIND, ROCK ON RIGHT, STEP RIGHT, CROSS LEFT, UNWIND FULL TURN, ROCK LEFT**

- 9 - 10 Step left foot to left side, step right foot behind left  
& 11 - 12 Step left foot to left side, rock right across in front of left, rock weight back onto left foot  
13 - 14 Step right foot to right side, cross step left foot in front of right  
15 - 16 Unwind a full turn right, rock to left side on left foot

#### **RIGHT STEP SAILOR, LEFT STEP SAILOR, RIGHT STEP SAILOR, LEFT STEP SAILOR**

- 17 & 18 Step right foot to right side, step left behind right, step right to right side  
19 & 20 Step left foot to left side, step right behind left, step left to left side  
21 & 22 Step right foot to right side, step left behind right, step right to right side  
23 & 24 Step left foot to left side, step right behind left, step left to left side

#### **1/4 TURN RIGHT, WALK FORWARD, RIGHT, LEFT, RIGHT, LEFT, SHUFFLE BACK**

- 25 - 26 1/4 turn right stepping forward on right foot, step forward left foot  
27 - 28 Step forward right foot, step left next to right, (optional clap on count 28)  
29 & 30 Step back on right foot, step left next to right, step back on right foot  
31 & 32 Step back on left foot, step right next to left, step back on left foot

#### **HEEL, HEEL, STEP RIGHT LOCK STEP, HEEL, HEEL, STEP LEFT LOCK STEP**

- 33 & 34 Touch right heel forward, step right next to left, touch left heel forward  
& 35 Step left next to right, step forward on right  
& 36 Lock left foot behind right, step right foot forward  
37 & 38 Touch left heel forward, step left next to right, touch right heel forward  
& 39 Step right next to left, step forward on left  
& 40 Lock right foot behind left, step left foot forward

#### **REPEAT**

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