

STEP, SLIDE, 4 KNEE POPS, HOP, SIDE STEP, SIDE, HOP RIGHT, CLAP

- 1,2 Step left foot forward, slide right foot forward beside left, "popping" left knee
& 3 "Pop" right knee (weight on left), "pop" left knee (weight on right)
& 4 Repeat &3
& 5 Hop on right foot, take large step to left with left foot
6 Slide right foot beside left (no weight)
& 7 Side step right, step left beside right
8 Clap

Ball-Change, 3 side Ball-Changes in 1/2 Turn Left, Walk Back right, left, right, Hip Twist

- & 9 Step right foot back, step left foot in place
& 10 Side step right foot, step left foot in place
& 11 Turning a quarter turn to left, step right foot to side, step left foot in place
& 12 Repeat &11 above
13 Step right foot back
14 Step left foot back
15 Step right foot back
& 16 Twist heels to left, straightening left knee to raise hip, twist heels to right (back in position)

Syncopated Travel Forward With Up/Down Motion, Walk Back Right-Left, 1/4 Military Turn Left, Toes in /Out

- 17 Step forward on left keeping leg straight
& 18 Step right foot behind left, step left foot forward, bending left knee
& 19 Step right foot behind left, step left foot forward, straightening left leg
& 20 Step right foot behind left, step left foot forward bending left knee
21 Step right foot back
22 Step left toe back
23 Pivot on both feet 1/4 turn left
& 24 Jump slightly, turning toes in then out

Step, Drag, Ball-Change, Walk Left, Right, 1/2 Pivot Left, Ball-Change, Pivot 1/2-Turn Left, (Hook)

- 25 Step right foot back
26 Drag left foot back along floor
& 27 Step left foot back, step right foot forward
28,29 Walk forward left, right
30 Pivot 1/2-turn left on both feet (weight even)
& 31 Step left foot back, step right foot forward
32 Pivot 1/2-turn left on both feet (weight even)
(& Hook left foot over right shin) optional step to lead into step #1

REPEAT