

## Control Of Me

32 count, 4 wall, intermediate level

Choreographer: Daniel Trepap, Roy Verdonk & Jose

Miguel Belloque-Vane (NL) Oct 2007

Choreographed to: Damn by Omarion

---

### STEP, PULL, SAILOR STEP RIGHT & LEFT, KNEE POP FORWARD AND BACK

- 1 Step left foot to the left and grab your shirt with left hand
- 2 Pull yourself to the left side and lift right leg
- 3 Cross right foot behind left foot
- & Small step left foot to the left
- 4 Small step right foot to the right
- 5 Cross left foot behind right foot
- & Small step right foot to the right
- 6 Small step left foot to the left
- 7 Hold
- &8 Bend both knees forward and back

### SIDE, TOGETHER, SIDE, SLAP BACK, SIDE, SLAP BACK, ½ TURN LEFT WITH SWEEP AND HITCH

- 1 Step left foot to the left
- 2 Step right foot together
- 3 Step left foot to the left
- 4 Hook right foot behind left leg and with left hand slap right foot
- 5 Step right foot to the right
- 6 Hook left foot behind right leg and with right hand slap left foot
- 7 Step left foot to the left
- 8 Make ½ turn left on left foot, meanwhile sweep around right foot with hitch

### TOGETHER, HITCH, WALKS FORWARD, HITCH, STEP BACK, JUMP, JUMP ½ TURN LEFT

- 1 Step right foot next to left foot
- 2 Hitch left knee
- 3 Step left foot forward
- & Step right foot forward
- 4 Step left foot forward
- 5 Hitch right knee
- 6 Step right foot back
- 7 Jump with both feet backwards
- 8 Jump left foot high while making ½ turn left

### BOUNCE TWICE WITH ¼ TURN LEFT, WALK FORWARD, TOGETHER, BOUNCE TWICE, ½ TURN LEFT, ½ TURN LEFT

- 1 Bend both knees forward and back
- 2 Make ¼ turn left and bend both knees forward and back
- 3 Step right foot forward
- & Step left foot forward
- 4 Step right foot together
- 5 Bend both knees forward and back, lift left arm
- 6 Bend both knees forward and back, lift left arm
- 7 Make ½ turn left and step left foot forward
- 8 Right foot make ½ turn left and step right foot together