

Continental Polka

BEGINNER

32 Count 4 Walls

Choreographed by: Louise G Webber

Choreographed to: Alice by Jimmy Sturr

RIGHT HEEL CROSS, RIGHT CHASSE'; LEFT HEEL CROSS, LEFT CHASSE'

- 1 Right heel touch forward
- 2 Right toes cross (touch) over left
- 3 & 4 Shuffle to side right-left-right
- 5 Left heel touch forward
- 6 Left toes cross (touch) over right
- 7 & 8 Shuffle to side left-right-left

WALK FORWARD (RIGHT-LEFT-RIGHT), KICK LEFT; WALK BACK (LEFT RIGHT), LEFT COASTER STEP

- 9 Right step forward
- 10 Left step forward
- 11 Right step forward
- 12 Left kick forward
- 13 Left step back
- 14 Right step back
- 15 Left step back
- & Right step home
- 16 Left step forward

RIGHT HEEL CROSS, RIGHT CHASSE'; LEFT HEEL CROSS, LEFT CHASSE'

- 17 Right heel touch forward
- 18 Right toes cross (touch) over left
- 19 & 20 Shuffle to side right-left-right
- 21 Left heel touch forward
- 22 Left toes cross (touch) over right
- 23 & 24 Shuffle to side left-right-left

RIGHT JAZZ BOX; RIGHT JAZZ BOX WITH 1/4 TURN RIGHT

- 25 Right cross (step) over left
- 26 Left step back
- 27 Right step to side
- 28 Left step home
- 29 Right cross (step) over left
- 30 Left step back
- 31 Right step to side with 1/4 turn right
- 32 Left step home

REPEAT