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Intro: 32 counts from first heavy beat. (start when trumpets begin)

- 1. WALK TWICE, STEP, ¼ TURN, CROSS, ¼ TURN, ¼ TURN, CROSS SHUFFLE**  
1-2 Walk forward right, left  
3&4 Step right forward, pivot turn ¼ left, cross right over left  
5-6 Turn ¼ right and step left back, turn ¼ right and step right to side  
7&8 Cross left over right, step right to side, cross left over right
- 2. & HEEL, HOOK, SHUFFLE, EXTENDED ROCKING CHAIR, ¼ TURN**  
&1-2 Step right to side, touch left heel diagonally forward, hook left over right  
3&4 Step left forward, close right beside left, step left forward  
5&6& Rock right forward, recover on left, rock right back, recover on left  
7&8 Rock right forward, recover on left, rock right forward making a turn ¼ right
- 3. WALK TWICE, STEP, ¼ TURN, CROSS, ¼ TURN, ¼ TURN, CROSS SHUFFLE**  
1-2 Walk forward left, right  
3&4 Step left forward, pivot turn ¼ right, cross left over right  
5-6 Turn ¼ left and step right back, turn ¼ left and step left to side  
7&8 Cross right over left, step left to side, cross right over left
- 4. & HEEL, HOOK, SHUFFLE, MAMBO, COASTER STEP**  
&1-2 Step left to side, touch right heel diagonally forward, hook right over left  
3&4 Step right forward, step left together, step right forward  
5&6 Rock left forward, recover on right, step left together  
7&8 Step right back, step left together, step right forward
- 5. BUMP & BUMP TWICE, MAMBO ½ TURN, FULL TURN**  
1&2 Step left forward bumping hips (forward, back, forward)  
3&4 Step right forward bumping hips (forward, back, forward)  
5&6 Rock left forward, recover on right, turn ½ left and step left forward  
7-8 Turn ½ left and step right back, turn ½ left and step left forward
- 6. BUMP & BUMP TWICE, MAMBO ¼ TURN, SAILOR STEP**  
1&2 Step right forward bumping hips (forward, back, forward)  
3&4 Step left forward bumping hips (forward, back, forward)  
5&6 Rock right forward, recover on left, turn ¼ right and step right to side  
7&8 Cross left behind right, step right to side, step left together
- 7. PRESS, KICK, SAILOR STEP, SAILOR ¼ TURN, WALK TWICE**  
1-2 Press right diagonally forward, recover on left kicking right diagonally forward  
3&4 Cross right behind left, step left to side, close right beside left  
5&6 Cross left behind right, step right to side, step left to side making a turn ¼ left  
7-8 Walk forward right, left
- 8. PRESS, KICK, SAILOR STEP, SAILOR ½ TURN, FULL TURN**  
1-2 Press right diagonally forward, recover on left kicking right diagonally forward  
3&4 Cross right behind left, step left to side, close right beside left  
5&6 Cross left behind right, step right to side making turn ¼ left, step left together making turn ¼ left  
7&8 Turn ½ left and step right back, turn ½ left and step left forward

**RESTARTS:**

During walls 2 & 4 dance up to count 48 (sailor step) then restart.

During wall 6 dance up to count 16 (rocking chair) complete rocking chair staying on front wall, then restart.