

1,2 Step

32 count, 4 wall, Intermediate level
Choreographer: Nic Bartlam (UK) Feb 06
Choreographed to: 1, 2 Step by Ciara, Album
Goodies

32 count intro

- 1-2 Step Forward On Right Foot, Step Left To Left Side
&3&4 Pop right knee in, pop right knee out, turn head to look right and then centre
5&6 Hold, close right to left, step left to left side.
7&8 Hold, close right to left, step left to left side.

(Feet Apart)

- & Right arm up in front of face at a right angle, fist clenched
1 Place left hand on top of arm
& Pop right knee in, right arm comes down to meet left arm in anti-clockwise direction, head tilts with rest of body
2 Recover so right arm is up in front of face at a right angle, fist clenched and left hand on top of right arm
& Pop left knee moving body to left keeping arm where it is
3 Recover
& Pop right knee moving body to right keeping arm where it is
4 Recover
5 Push right arm down
6 Hold
7&8 Swivel feet to centre, heels, toes, centre. Weight finishes on right foot
- 1-2 Step forward right, turn ¼ turn left
3-4 Step forward right, turn ¼ turn left
5&6 Kick right foot forward, step right forward, turn ¼ turn right stepping left big step to left side (As you take step throw left hip to left side)
7&8 Cross right behind left, step left to left side, step right to right side
- 1&2 Rock on to left foot, rock back on to right, rock back on to left
(Body Styling – as you rock on to left for 1, push left shoulder to left side and push right to right side, bring both back together for &, push them both out again for 2)
3&4 Cross right behind left, step left to left side, step right to right side.
5&6 Cross left behind right, step right to right side, step left to left side.
7-8 Step forward on right, turn ½ turn left stepping forward on left.

Repeat and have fun!

On the end of the 4th wall instead of dancing a ½ turn for 7 – 8, replace it with:

- 7-8 Step forward on right, turn ¼ turn left stepping forward on left
9-10 Step forward on right, turn ¼ turn left stepping forward on left
11-12 Step forward on right, turn ¼ turn left stepping forward on left

Then start again as normal.