

- 1 Cross Rock, Chasse, Cross Rock Chasse.**
1 2 Cross rock left over right. Recover onto right.
3 & 4 Step left to left side. step right beside left. Step right to right side.
5 6 Cross rock right over left. Recover onto left.
7 & 8 Step right to right side. Step left beside right. Step right to right side. Restart here wall 5.
- 2 Cross, Back, Side, Together, Forward, Sway, Sailor 1/4 Turn Right.**
1 2 Cross left over right. Step back on right.
3 & 4 Step left to left side. Step right beside left. Step forward on left.
5 6 Step right to right side, swaying hips right. Sway hips left, taking weight onto left.
7 & 8 Cross right behind left. Quarter right turn, stepping left to left side. Step right to right side. (3o'clock)
- 3 Forward Rock, Back Shuffle, Sweep x2, Coaster.**
1 2 Rock forward on left. Recover onto right.
3 & 4 Step back on left. Close right beside left. Step back on left.
5 6 Sweep right back. Sweep left back. (or walk)
7 & 8 Step back on right. Step left beside right. step forward on right.
- 4 Skate x2, Shuffle, Cross, Back, Chasse.**
1 2 Skate forward on left. Skate forward on right.
3 & 4 Step forward on left. Close right beside left. Step forward on left.
5 6 Cross right over left. Step back on left.
7 & 8 Step right to right side. Step left beside right. Step right to right side.

Restart

Wall 5. Facing 12o'clock. Dance the first eight counts of Section 1. Then start again from beginning.

Note

These are the basic steps of the Intermediate dance, which is written off beat. The turning options may be used for Improvers.
