



Dirt In My Teeth

32 Count 4 Wall Improver Level Dance.
Choreographed by: Luke Shrimpton (UK) Sept 2026
Choreographed to: Dirt In My Teeth by Joe Bryson
Intro: 8 Counts. Start at approx 5 secs.

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SEC 1 HEEL GRIND $\frac{1}{8}$ TURN, BACK, BACK, BACK LOCK STEP, COASTER $\frac{1}{4}$ TURN

- 1-2 Touch right heel forward, turn $\frac{1}{8}$ right grind right heel step left back (1:30)
3-4 Walk back right, walk back left
5&6 Step back on right, cross left over right, step back right
7&8 Turn $\frac{1}{8}$ right step back on left, step right together, turn $\frac{1}{8}$ right step left forward (4:30)

SEC 2 WALK, WALK, MAMBO, SWING WALKS, BEHIND, SIDE, CROSS

- 1-2 Walk forward right, walk forward left
3&4 Rock forward right, recover on left, step back right
5-6 Step back left taking right toe to right, step back right taking left toe to left
7&8 Cross left behind right, turn $\frac{1}{8}$ right step right to right, cross left over right (6:00)

SEC 3 PRESS, BEHIND, SIDE, CROSS, WALK, TOUCH, HIP BUMP $\frac{1}{2}$ TURN

- 1-2 Press right to right, recover on left
3&4 Step right behind left, step left to left, cross right over
5-6 Step forward left, touch right toe forward
7&8 Turn $\frac{1}{4}$ left bump hips right, bump hips left, turn $\frac{1}{4}$ left bump hips right (12:00)

SEC 4 WALK, $\frac{1}{2}$ BACK, $\frac{1}{4}$ SIDE SHUFFLE, HITCH, CROSS, SYNCOPATED SIDE PRESS, CROSS

- 1-2 Step left forward, turn $\frac{1}{2}$ left stepping back on right (6:00)
3&4& Turn $\frac{1}{4}$ left step left to left side, close right next to left, step left to left side, hitch right (3:00)
5 Cross right over left
6&7& Press left to left, recover on right, press left to left, recover on right
8 Cross left over right

Tag At the end of Wall 2

HEEL GRIND $\frac{1}{8}$ TURN, BEHIND, SIDE CROSS, HEEL GRIND $\frac{1}{8}$ TURN, BEHIND, SIDE CROSS

- 1-2 Touch right heel forward, turn $\frac{1}{8}$ right grind right heel step left back (4:30)
3&4 Step right behind left, turn $\frac{1}{8}$ left step left to left, cross right over left (3:00)
5-6 Touch left heel forward, turn $\frac{1}{8}$ left grind left heel step right back (1:30)
7&8 Step left behind right, turn $\frac{1}{8}$ right step right to right, cross left over right (3:00)

