



Love Bites Back

32 Count 4 Wall Intermediate Level Dance.

Choreographed by: Simon Ward (AUS) & Niels Poulsen (DK) Aug 2026

Choreographed to: Love Bites Back by Lusaint

Intro: 8 Counts. Start at approx 4 secs.

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SEC 1 SIDE SLIDE, BALL CROSS, SIDE, $\frac{1}{8}$ BACK, TAP, FWD, $\frac{3}{8}$ BACK

1-2 Step R a big step to R side opening body up to L diagonal dragging L heel towards R

Styling Push R hand to L side in front of chest

&3-4 Step L next to R, cross R over L, step L to L side (12:00)

5-6 Turn $\frac{1}{8}$ R stepping back on R, tap L toes in front of R (1:30)

7-8 Step L fwd, turn $\frac{3}{8}$ L stepping back on R (9:00)

SEC 2 $\frac{1}{4}$ SIDE STEP, HOLD, BALL SIDE, JAZZ BOX $\frac{1}{4}$, STEP LOCK STEP

1-2 Turn $\frac{1}{4}$ L stepping L to L side, hold (6:00)

&3 Step R next to L, step L to L side

4-5-6 Cross R over L, turn $\frac{1}{8}$ R stepping back on L, turn $\frac{1}{8}$ R stepping R to R side (9:00)

7&8 Step L fwd, lock R behind L, step L fwd

Restart Here on Walls 5 and 11

SEC 3 FWD, TAP BEHIND, BACK, $\frac{1}{2}$ STPE, FWD, TAP BEHIND, BACK, $\frac{1}{2}$ STEP

1-2 Step R fwd, tap L behind R

3-4 Step back on L, turn $\frac{1}{2}$ R stepping fwd on R (3:00)

5-6 Step L fwd, tap R behind L

7-8 Step back on R, turn $\frac{1}{2}$ L stepping fwd on L (9:00)

SEC 4 BAK SWEEP $\frac{1}{2}$, DIAGONAL BACK ROCK, SIDE ROCK, CROSS SHUFFLE

1-2 Turn $\frac{1}{2}$ L stepping back on R sweeping L from front to back over 2 counts (3:00)

3-4 Rock L back towards R diagonal, recover on R

5-6 Rock L to L side, recover on R

7&8 Cross L over R, step R to R side, cross L over R



Remember to Vote for your favourite dances at www.linedancerweb.com

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