



Going Out For The Weekend



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32 Count 4 Wall Beginner Level Dance.
Choreographed by: Vivienne Scott (CAN) Aug 2026
Choreographed to: Going Out For the Weekend by Frankexpressions
Intro: 32 Counts. Start at approx 15 secs.

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SEC 1 CHASSE, ROCK BACK, SIDE, BEHIND, ¼ TURN, BRUSH

- 1&2 Step R to R side, step L beside R, step R to R side
- 3-4 Rock L behind R, recover on R
- 5-6 Step L to L side, cross R behind L
- 7-8 Turn ¼ L stepping forward on L, brush forward R beside L (9:00)

SEC 2 ROCKING CHAIR, HEEL STRUT, HEEL STRUT

- 1-2 Rock forward on R, recover on L with clap
- 3-4 Rock back on R, recover on L with clap
- 5-6 Touch R heel forward, drop R toe weight to R
- 7-8 Touch L heel forward, drop L toe weight to L

SEC 3 JAZZ BOX ¼ TURN, JAZZ BOX CROSS ¼ TURN

- 1-2 Cross R over L, turn ¼ R and step back on L (12:00)
- 3-4 Step R to R side, step forward on L
- 5-6 Cross R over L, turn ¼ R and step back on L (3:00)
- 7-8 Step R to R side, cross L over R

SEC 4 DOUBLE BUMPS, HIP ROLLS

- 1-2 Stepping R to R side bumping R hip to R side, bump hips R
- 3-4 Bump L hip to L side, bump hips L
- 5-6 Roll hips counter clockwise over 2 count weight on L
- 7-8 Roll hips counter clockwise over 2 count weight on L



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