



Chest Thumper

16 Count 4 Wall Beginner Level Dance.

Choreographed by: Christopher Gonzalez (USA),

Megan Barsuglia (USA) Apr 2025

Choreographed to: Chest Thumper by Secs On The Beach

Intro: 16 Counts. Start at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE MAMBO, SIDE MAMBO, BACK, BACK, COASTER STEP

- 1&2 Rock R to side, recover L, close R to L
3&4 Rock L to side, recover R, close L to R
5-6 Walk R back, walk L back
7&8 Step R back, close L to R, step R forward

SEC 2 SAMBA STEP, CROSS TRIPLE, SIDE, TOUCH, ¼ SIDE, TOUCH, SIDE, TOUCH, BALL CROSS

- 1&2 Step L across, rock R to side, recover L
3&4 Step R across, step L slightly L, step R across
&5&6 Step L to side, touch R together, turn ¼ R step R to side, touch L together (3:00)
&7&8 Step L to side, touch R together, step R in place, step L across