



Cowboy 4 A Nite

64 Count 1 Wall High Beginner Level Dance.

Choreographed by: Holly Gilligan (CAN) Aug 2026

Choreographed to: Cowboy for a Night by Australia's Tornadoes

Intro: 8 Counts. Start at approx 3 secs.

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SEC 1 STEP LOCK, STEP LOCK, FORWARD COASTER, DRAW

- 1-2 Step forward on L, lock R behind L
- 3-4 Step forward on L, lock R behind L
- 5-6 Step forward on L, close R to L
- 7-8 Step back on L, draw R back

SEC 2 BACK, LOCK, BACK, LOCK, COASTER, SCUFF

- 1-2 Step back on R, lock L in front of R
- 3-4 Step back on R, lock L in front of R
- 5-6 Step back on R, close L to R
- 7-8 Step forward on R, scuff L

SEC 3 STEP, HOLD, ¼ PIVOT, HOLD, ½ BACK RHUMBA BOX, HOLD

- 1-2 Step forward on L, hold
- 3-4 Pivot ¼ R transferring weight to R, hold (3:00)
- 5-6 Step L to left side, close R to left
- 7-8 Step back on L, hold

SEC 4 SIDE, TOGETHER, ¼ STEP, SCUFF, JAZZ BOX, TOUCH

- 1-2 Step R to R side, close L to R
- 3-4 Turn ¼ R step R forward, scuff L (6:00)
- 5-6 Cross L over R, step back on R
- 7-8 Step L to left side, touch R toe in front of L

SEC 5 STEP LOCK, STEP LOCK, FORWARD COASTER, DRAW

- 1-2 Step forward on R, lock L behind R
- 3-4 Step forward on R, lock L behind R
- 5-6 Step forward on R, close L to R
- 7-8 Step back on R, draw L back

SEC 6 BACK, LOCK, BACK, LOCK, COASTER, SCUFF

- 1-2 Step back on L, lock R in front of L
- 3-4 Step back on L, lock R in front of L
- 5-6 Step back on L, close R to L
- 7-8 Step forward on L, scuff R

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SEC 7 STEP, HOLD, ¼ PIVOT, HOLD, ½ BACK RHUMBA BOX, HOLD

- 1-2 Step forward on R, hold
- 3-4 Pivot ¼ L transferring weight to L, hold (3:00)
- 5-6 Step R to right side, close L to R
- 7-8 Step back on R, hold

SEC 8 SIDE, TOGETHER, ¼ STEP, SCUFF, JAZZ BOX, TOUCH

- 1-2 Step L to left side, close R to L
- 3-4 Turn ¼ L step L forward, scuff R (12:00)
- 5-6 Cross L over R, step back on L
- 7-8 Step R to right side, touch L toe in front of R



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