



Running To Me

64 Count 4 Wall Advanced Level Dance.
Choreographed by: Noah Sierra (USA) Apr 2026
Choreographed to: Manchild by Sabrina Carpenter
Intro: 16 Counts. Start at approx 10 secs.

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SEC 1 JUMP FORWARD CLAP, JUMP BACK CLAP, STEP, $\frac{1}{8}$ PIVOT, STEP, $\frac{1}{8}$ PIVOT

- &1-2 Step RF forward, step LF forward, hold clap
&3-4 Step RF back, step LF back, hold clap
5-6 Step RF forward, pivot $\frac{1}{8}$ L (10:30)
7-8 Step RF forward, pivot $\frac{1}{8}$ L (9:00)

SEC 2 $\frac{1}{8}$ TRIPLE X4

- 1&2 Turn $\frac{1}{8}$ R step RF forward, step LF beside R, step RF forward (10:30)
3&4 Turn $\frac{1}{8}$ R step LF forward, step RF beside L, step LF forward (12:00)
5&6 Turn $\frac{1}{8}$ R step RF forward, step LF beside R, step RF forward (1:30)
7&8 Turn $\frac{1}{8}$ R step LF forward, step RF beside L, step LF forward (3:00)

Restart Here on Wall 3

SEC 3 ROCK, BALL HEEL, HOLD, HEEL SWITCHES, STEP $\frac{1}{2}$ PIVOT

- 1-2& Rock RF forward, recover on LF, step RF on LF
3-4& Touch L heel forward, hold, step LF on RF
5&6& Touch R heel forward, step RF on LF, touch L heel forward, step LF on RF
7-8 Step RF forward, pivot $\frac{1}{2}$ L (9:00)

SEC 4 TRIPLE, ROCKING CHAIR, SIDE ROCK CROSS

- 1&2 Step RF forward, step LF beside R, step RF forward
3-4 Rock LF forward, recover on RF
5-6 Rock LF backward, recover on LF
7&8 Rock LF to L side, recover on RF, cross LF over RF

SEC 5 SIDE, BEHIND, $\frac{1}{4}$ STEP, STEP, BRUSH, ROCK, COASTER

- 1-2 Step RF to R side, cross LF behind RF
&3-4 Turn $\frac{1}{4}$ R step RF forward, step LF forward, brush RF forward (12:00)
5-6 Rock RF forward, recover on LF
7&8 Step RF back, step LF beside R, step RF forward

SEC 6 TRIPLE, STEP, BRUSH, ROCK, COASTER

- 1&2 Step LF forward, step RF beside L, step LF forward
3-4 Step RF forward, brush LF forward
5-6 Rock LF forward, recover on RF
7&8 Step LF back, step RF beside L, step LF forward

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Continues... Page 1 of 2



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Continued... Page 2 of 2

SEC 7 ¼ HIP BUMPS, BACK, HITCH, COASTER

- 1&2 Turn ¼ L bump hips to R side, bump hips to L side, bump hips to R side (10:30)
3&4 Turn ¼ L bump hips to L side, bump hips to R side, bump hips to L side (9:00)
5-6 Step RF back, hitch L knee up
7&8 Step LF back, step RF beside L, step LF forward

SEC 8 STEP, CLAP, STEP, CLAP, ROCKING CHAIR

- 1-2 Step RF diagonally forward, touch LF on RF with a clap
3-4 Step LF diagonally forward, touch RF on LF with a clap
5-6 Rock RF forward, recover on LF
7-8 Rock RF backward, recover on RF



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