



Everybody Dance! (Arms-Only Version)

32 Count 1 Wall Absolute Beginner Level Dance.

Choreographed by: Eileen Bamford (UK),

Ben Murphy (DE) & Sascha Wolf (DE) Jan 2026

Choreographed to: Everybody Dance (Joe Mangione Edit Mix) by Sister Sledge

Intro: 32 Counts. Start at approx 15 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 BICEP CURL X4, ARM RAISE X4

- 1 Raise your right fist to your right shoulder
- 2 Raise your left fist to your left shoulder, and return your right fist to your lap
- 3 Raise your right fist to your right shoulder and return your left fist to your lap
- 4 Raise your left fist to your left shoulder, leaving your right fist in place
- 5 Open fists, put your hands next to each other, palms to the front, and raise both hands to your right ear
- 6 Move both hands diagonally upwards across your face to above your left ear
- 7 Move both hands diagonally upwards to above head height on your right
- 8 Move both hands diagonally upwards to as high as you can manage above your left shoulder

SEC 2 SIDE CLAPS

- 1-2 Move right hand to right shoulder and clap left hand to it twice
- 3-4 Move left hand to left shoulder and clap right hand to it once
- 5-6 Move right hand to right shoulder and clap left hand to it twice
- 7-8 Move left hand to left shoulder and clap right hand to it once

SEC 3 HAND FAN, HAND VINE

- 1-2 Drop right hand to right side (level with the floor) and return to right shoulder
- 3-4 Drop right hand to right side (level with the floor) and return to right shoulder
- 5-6 Place right hand in front of you at right shoulder height, cross your left hand behind it
- 7-8 Move your right hand to the right side of your left, place your left hand next to it

SEC 4 HAND FAN, HAND VINE

- 1-2 Drop left hand to left side (level with the floor) and return to left shoulder
- 3-4 Drop left hand to left side (level with the floor) and return to left shoulder
- 5-6 Place left hand in front of you at left shoulder height, cross your right hand behind it
- 7-8 Move your left hand to the left side of your right, place your right hand next to it

Tag At the end of Wall 9

ARM WAVE

- 1-2 Move both arms in an upwards arc movement from your left to your right
- 3-4 Move both arms in an upwards arc movement from your right to your left



Remember to Vote for your favourite dances at www.linedancerweb.com

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