



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE, HOLD, TOGETHER, SIDE, POINT, HIPS

- 1-2 Step R to R side, hold
- &3-4 Replace L beside R, step R to R side, point L to left and push hips to R
- 5-6 Shift weight to L circling hips ccw forward then left, push/pop hips back
- 7-8 Shift weight to R circling hips cw forward then right, push/pop hips back

SEC 2 ¼ STEP, HITCH HIP, ¼ SIDE, ¼ HITCH HIP, OUT OUT, BODY ROLL, SIT

- 1-2 Turn ¼ left stepping L forward, hitch R while pushing R hip up (9:00)
- 3-4 Turn ¼ left stepping R to right, turn ¼ left hitch L while pushing L hip up (3:00)
- 5-6 Step L to left, step R to right, placing feet shoulder width apart
- 7-8 Body roll down, bend knees slowly to a slight squat/sit position

SEC 3 HEEL SWIVELS

- 1& Swivel R heel out, return heel and transfer weight to R
- 2& Swivel L heel out, return heel and transfer weight to L
- 3& Swivel R heel out, swivel R heel in
- 4& Swivel R heel out, return heel and transfer weight to R
- 5& Swivel L heel out, return heel and transfer weight to L
- 6& Swivel R heel out, return heel and transfer weight to R
- 7&8 Swivel L heel out, swivel L heel in, swivel L heel out

SEC 4 BALL, FORWARD, HOLD, BALL, FORWARD, HOLD, PADDLE ½ TURN, STEP

- &1-2 Replace L beside R, step R forward, hold
- &3-4 Replace L beside R, step R forward, hold
- 5 Keeping weight on R touch L to floor to push and turn ½ right and bend knees to go lower (1:30)
- 6 Keeping weight on R touch L to floor to push and turn ¼ right with knees less bent, to go higher (10:30)
- 7 Keeping weight on R touch L to floor to push and turn ½ right and bend knees to go lower (9:00)
- 8 8) step L forward, weight to L

