



Whole Lot Fuller (Gall-Keefe Strut)

32 Count 4 Wall Absolute Beginner Level Dance.
Choreographed by: Georgina Okeefe (UK) Jan 2026
Choreographed to: You Ain't Dolly by Nashville cast
Intro: 32 Counts. Start at approx 16 secs.

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SEC 1 HEEL STRUT X4

- 1-2 Step R heel fwd, drop R foot to the floor
- 3-4 Step L heel fwd, drop L foot to the floor
- 5-6 Step R heel fwd, drop R foot to the floor
- 7-8 Step L heel fwd, drop L foot to the floor

SEC 2 BACK, TOGETHER, BACK, HITCH, BACK, TOGETHER, BACK, TOUCH

- 1-2 Walk back R, step L beside R
- 3-4 Step back R, hitch L
- 5-6 Walk back L, step R beside
- 7-8 Step back L, touch R beside L

SEC 3 TWIST HEELS

- 1-2 Twist heels to right side, twist back in place
- 3-4 Twist heels to right side, twist back in place
- 5-6 Twist heels to left side, twist back in place
- 7-8 Twist heels to left side, twist back in place

SEC 4 JAZZ BOX TOE STRUT ¼ TURN

- 1-2 Step R toe diagonally, step down on R heel
- 3-4 Turn ¼ R step back on L toe, step down on L heel (1:30)
- 5-6 Turn ¼ R step R toe to right side, step down on R heel (3:00)
- 7-8 Step L toe beside R foot, step down on L heel