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SEC 1 SWIVEL X3, ½ MONTEREY TURN

- 1-2 Swivel heels to the right, swivel toes to the right
- 3-4 Swivel heels to the right, swivel toes to center
- 5-6 Touch right toe out, turn ½ right and step right together (6:00)
- 7-8 Touch left toe out, step left together

SEC 2 SWIVEL X3, ½ MONTEREY TURN

- 1-2 Swivel heels to the left, swivel toes to the left
- 3-4 Swivel heels to the left, swivel toes to center
- 5-6 Touch right toe out, turn ½ right step right together (12:00)
- 7-8 Touch left toe out, step left together

SEC 3 K-STEP

- 1-2 Step right forward at right diagonal, touch left next to right & clap
- 3-4 Step left back at left diagonal, touch right next to left & clap
- 5-6 Step right back at right diagonal, touch left next to right & clap
- 7-8 Step left forward at left diagonal, touch right next to left & clap

SEC 4 HIP SWAYS, SHAKE HIPS

- 1-2 Step out to right, while dipping down and up with hip to right
- 3-4 Dip down and up with hip to the left

Bridge Here on Wall 7, dance the bridge then continue from sec 5

- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

SEC 5 SIDE, TOGETHER, HEEL SPLIT, SIDE, TOGETHER, HEEL SPLIT

- 1-2 Step right to right side, step left together
- 3-4 With weight on the balls of both feet, spread heels apart, return heels together
- 5-6 Step left to left side, step right together
- 7-8 With weight on the balls of both feet, spread heels apart, return heels together

SEC 6 HEEL, HOOK, HEEL, TOGETHER, HEEL SPLIT, HEEL SPLIT

- 1-2 Place right heel out, hook right over left shin
- 3-4 Place right heel out, step right together
- 5-6 Spread heels apart, return heels together
- 7-8 Spread heels apart, return heels together

Shake It Off!

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Shake It Off!

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SEC 7 STEP, ¼ HITCH, ¼ STEP, HITCH, ROCK, STOMP, STOMP

- 1-2 Step forward on right, turn ¼ left hitch left knee up (9:00)
- 3-4 Turn ¼ left with left, hitch right knee up (6:00)
- 5-6 Rock forward on right, recover on left
- 7-8 Stomp right foot twice next to left (weight stays on left foot)

SEC 8 SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, HOLD

- 1-2 Step out to right, hold while pelvic thrusting/body pump
- 3-4 Step right together, hold
- 5-6 Step out to left, hold while pelvic thrusting/body pump
- 7-8 Step left together, hold

Bridge After 28 counts of Wall 7

- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, hold
- 1-5 Hold
- 6-7-8 Clap 3 times



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