



## Northbound Flame

32 Count 4 Wall Absolute Beginner Level Dance.  
Choreographed by: Noreen Wall (UK) Jan 2026  
Choreographed to: Northbound Flame by Darren Knight  
Intro: 32 Counts. Start at approx 19 secs.

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### SEC 1 RUMBA BOX

- 1-2 Step R to R side, close L next to R
- 3-4 Step forward R, touch L next to R
- 5-6 Step L to L side, close R next to L
- 7-8 Step back on L, touch R next to L

### SEC 2 SIDE, TOUCH, SIDE, TOUCH, GRAPEVINE

- 1-2 Step R to R side, touch L toe next to R
- 3-4 Step L to L side, touch R toe next to L
- 5-6 Step R to R side, cross L behind R
- 7-8 Step R to R side, touch L beside R

### SEC 3 SIDE, TOUCH, SIDE, TOUCH, GRAPEVINE ¼ TURN

- 1-2 Step L to L side, touch R next to L
- 3-4 Step R to R side, touch L next to R
- 5-6 Step L to L side, cross R behind L
- 7-8 Step L to L side making ¼ turn L, touch R next to L (9:00)

### SEC 4 K STEP

- 1-2 Step forward R, touch L toe next to R
- 3-4 Step back L, touch toe R next to L
- 5-6 Step back R, touch L toe next to R
- 7-8 Step forward L, touch R toe next to L