

Heartbeat Shift



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Choreographed by: Ria Vos (NL) Nov 2025

Choreographed to: Heart Don't Beat The Same by Madism & Deepend

Intro: 16 Counts. Start at approx 7 secs.

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SEC 1 1-2 &3-4 5&6 7-8	WALK, WALK, BALL-CROSS ¼, ¼, SHUFFLE ½, ROCK BACK Step fwd on R, step fwd on L ¼ L step on ball of R to R side, cross L over R, ¼ R step fwd on R (12:00) ½ Turn R stepping L back, step R next to L, step L back (6:00) Rock back on R, recover on L
SEC 2 1-2 &3-4 5-6 7&8	FULL TURN, SIDE ROCK, STEP FWD, STEP PIVOT ¼, SAMBA STEP ½ Turn L step back on R, ½ turn L step fwd on L (6:00) Rock R to R side, recover on L, step fwd on R Step fwd on L, pivot ¼ turn R (9:00) Cross L over R, step R to R side, step L to L side
SEC 3 1-2 &3-4 5-6 &7 &8	SYNCOPATED JAZZBOX, SIDE, ROCK BACK, STEP-TOUCH, STEP-TOUCH Cross R over L, step back on L Step R to R side, cross L over R, step R to R side Rock back on L, recover on R Small L step fwd to L diagonal, touch R next to L Small R step fwd to R diagonal, touch L next to R
SEC 4 1-2 3&4 5-6 7-8	ROCK FWD, SHUFFLE BACK, ½, STEP PIVOT ½ TURN, STEP FWD Rock fwd on L, recover on R Step L back, step R next to L, step L back ½ Turn R step fwd on R, step fwd on L (3:00) Pivot ½ turn R, step fwd on L (9:00)
Tag	At then end of Wall 7 (3:00) OUT-OUT, IN-IN, ARMS
1-2 3-4 5-6 7-8	Step out on R, step out on L Step in on R, step L next to R Place R hand across chest, place L hand over R hand (on heart) Move both hands fwd and back on chest x2 (heartbeat)

