



Not A Waltz

72 Count 2 Wall Improver Level Dance.
Choreographed by: Myra Harrold (UK) Nov 2025
Choreographed to: Not A Waltz by Cowboys And Indie
Intro: 24 Counts. Start at approx 12 secs.

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SEC 1 TWINKLE, ½ TWINKLE, FWD COASTER, BACK, POINT

- 1-2-3 Cross LF over RF, RF to R, LF beside RF
4-5-6 Cross RF over LF, pivot ¼ R LF back, pivot ¼ R RF to R (6:00)
1-2-3 Turn ⅛ R LF fwd, step RF beside LF, LF back (7:30)
4-5-6 RF back, point LF to L, hold

SEC 2 FWD, SWEEP ⅛, FWD, SWEEP, WEAVE, DRAG, TOUCH

- 1-2-3 Cross LF over RF, sweep RF fwd turning ⅛ L over 2 counts (6:00)
4-5-6 Cross RF over LF, sweep LF fwd over 2 counts
1-2-3 Cross LF over RF, RF to R, LF behind RF
4-5-6 RF big step R, drag LF to touch beside RF over 2 counts

SEC 3 RUN ¾ ARC, FWD, HITCH, REVERSE ½ TURN

- 1-2-3 Turn ⅛ L step L forward, turn ⅛ L step R forward, turn ⅛ L step L forward (1:30)
4-5-6 Turn ⅛ L step R forward, turn ⅛ L step L forward, turn ⅛ L step R forward (9:00)
1-2-3 LF fwd, hitch RF, hold
4-5-6 RF back, pivot ½ L LF fwd, RF fwd (3:00)

SEC 4 FWD, HITCH, BACK, ¼, CROSS, SIDE, DRAG, SWAY

- 1-2-3 LF fwd, hitch RF, hold
4-5-6 RF back, pivot ¼ L LF to L, cross RF over LF (12:00)
1-2-3 LF big step to L, drag RF to touch LF over 2 counts
4-5-6 RF step/sway to R, sway L, sway R (weight to RF)

SEC 5 CROSS ROCK SIDE, CROSS ROCK SIDE WEAVE, ¼ PIVOT, ½ PIVOT

- 1-2-3 Cross rock LF over RF, recover to RF, LF to L
4-5-6 Cross rock RF over LF, recover to LF, RF to R

Restart Here on Wall 5

- 1-2-3 Cross LF over RF, RF to R, LF behind RF
4-5-6 Pivot ¼ R RF fwd, LF fwd, pivot ½ R weight to RF (9:00)

SEC 6 FWD, DRAG, FWD, DRAG, FWD, KICK, BACK, ¼ ROCK

- 1-2-3 LF big step fwd, drag R toe to LF over 2 counts
4-5-6 RF big step fwd, drag L toe to RF over 2 counts
1-2-3 LF fwd, RF low kick fwd over 2 counts
4-5-6 RF back, pivot ¼ L rock LF to L, recover to RF (6:00)



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