



Don't Cry Out Loud

32 Count 2 Wall Intermediate Level Dance.

Choreographed by: Maria Tao (USA) Nov 2025

Choreographed to: Don't Cry Out Loud by Melissa Manchester

Intro: 8 Counts. Start at approx 6 secs.

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SEC 1 CROSS, ANCHOR STEP, ¼ BACK ROCK, ½ BACK, ⅛ LEAN, ½ ARC TURN SHUFFLE FWD

- 1 Cross R over L
2&3 Step L behind R, step R in place, step L in place sweeping R around
4&5 ¼ Turn R rocking R back, recover onto R, ½ turn L stepping R back (7:30)
6-7 ⅛ Turn L stepping/lean L to L, recover weight on R dragging L towards R (6:00)
8&1 ¼ Turn L stepping L forward, ⅛ turn L stepping R forward, ⅛ turn L stepping L forward sweeping R around (12:00)

SEC 2 CROSS ROCK, SIDE ROCK, CROSS, ½ TURN, MAMBO STEP, BEHIND, SIDE

- 2&3& Cross rock R over L, recover onto L, rock R to R, recover onto L
4&5 Cross R over L, ¼ turn R stepping L back, ¼ turn R stepping R to R (6:00)
6&7 Rock L forward, recover onto R, step L back
8& Step R behind L, step L to L

Restart Here on Walls 2 and 5

SEC 3 CROSS ROCK, ¼ STEP, ¼ SIDE, ¼ SAILOR STEP, FULL TURN, BACK, BEHIND, SIDE, CROSS

- 1 Cross rock R over L
2&3 Recover onto L, ¼ turn R stepping R forward, ¼ turn R stepping L to L sweeping R around (12:00)
4&5 ¼ Turn R crossing step R behind L, step L to L, step R forward lifting L heel (3:00)
6&7 ½ Turn L taking weight on L, ½ turn L stepping R back, step L back
8&1 Step R behind L, step L to L, cross R over L sweeping L around (1:30)

SEC 4 ⅛ CROSS, ⅛ BACK, BACK, BEHIND, ⅛ SIDE, CROSS, SWIVEL ½, SWIVEL ¼, BEHIND, SIDE

- 2&3 ⅛ Turn L crossing L over R, ⅛ turn L stepping R back, step L back sweeping R around
4&5 Step R behind L, ⅛ turn L stepping L to L, cross R over L (9:00)
6-7 Swivel ½ turn L (weight on R popping L knee forward), swivel ¼ turn R (weight on L popping R knee forward)
8& Step R behind L, step L to L (6:00)

Tag At the end of Walls 3 and 6

CROSS ROCK, BACK, CROSS, REVERSE FULL TURN, BACK ROCK, SIDE, BEHIND, SIDE

- 1 Cross rock R over L
2&3 Recover onto L, step R back, cross L over R
4&5 ¼ Turn L stepping R back, ½ turn L stepping L forward, ¼ turn L stepping R to R
6&7 Rock L back, recover onto R, step L to L
8& Step R behind L, step L to L



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