



Hit The Floor

32 Count 2 Wall Beginner Level Dance.
Choreographed by: Joshua Talbot (AUS) Nov 2025
Choreographed to: Achy Breaky Heart (Club Version)
by Adam Harvey & Y.O.G.A
Intro: 16 Counts. Start at approx 7 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 VINE, TOUCH, BUMP HIPS

- 1-2 Step R to R, step L behind R
- 3-4 Step R to R, touch L together
- 5-6 Step L bump hips L, bump hips R
- 7-8 Bump hips L, bump hips R

SEC 2 VINE, TOUCH, SLIDE HITCH, SLIDE HITCH

- 1-2 Step L to L, step R behind R
- 3-4 Step L to L, touch R together
- 5-6 Step R to R sliding L towards R, hitch L up
- 7-8 Step L to L sliding R towards L, hitch R up

SEC 3 BACK X3, HITCH, WALK X3, ¼ HITCH

- 1-2 Walk back R, walk back L
- 3-4 Walk back R, hitch L up
- 5-6 Walk fwd L, walk fwd R
- 7-8 Walk fwd L, ¼ L hitch R up (9:00)

SEC 4 VINE, 1¼ ROLLING VINE

- 1-2 Step R to R, step L behind R
- 3-4 Step R to R, touch L together
- 5-6 ¼ L step L fwd, ½ L step R back
- 7-8 ½ L step L fwd, touch R together