

Seasons



www.linedancerweb.com www.linedancefoundation.com www.crystalbootawards.com 40 Count 2 Wall Intermediate Level Dance.

Choreographed by: Shane McKeever (IRE) August 2025

Choreographed to: Seasons by Amistat

Intro: 8 Counts. Start at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1 2&3 4&5 6-7 8&	SIDE LUNGE, ¼ BOTAFOGO, CROSS, SIDE, BEHIND HITCH ¼ TURN, BACK ROCK, RUN RUN Lunge RF to R side Cross LF over RF making ¼ turn L, making another ¼ turn L rock RF to R side, recover on to LF (9:00) Cross RF over LF, step LF to L side, cross RF behind LF hitching L knee turning ¼ turn L (7:30) Rock LF back, recover on to RF Step LF fwd, step RF fwd
SEC 2 1-2-3 4&5 6-7 8&	PRESS, BACK SWEEP, BACK SWEEP, WEAVE, FULL UNWIND, SIDE STEP, RUN RUN ¼ TURN Press LF fwd, recover on to RF sweeping LF from front to back, step LF back sweeping RF from front to back Cross RF behind LF, making ½ turn L step LF to L side, cross RF over LF (6:00) Unwind full turn L, step LF to L side swaying body L (6:00) ¼ Turn R step RF fwd to R diagonal, ½ turn R stepping LF fwd (9:00)
SEC 3 1 2&3 4&5 6-7 8&	SERPIENTE, CROSS, ¼ TURN X2, CROSS, ¼ TURN Step RF fwd sweeping LF from back to front Cross LF over RF, step RF to R side, cross LF behind RF sweeping RF from front to back Cross RF behind LF, step LF to L side, cross RF over LF ¼ Turn R stepping LF back, ¼ turn R stepping RF to R side (3:00) Cross LF over RF, ¼ turn L stepping RF back (12:00)
SEC 4 1& 2& 3 4&5 6&7 8&	GROOVY WALKS BACK, BEHIND, SIDE, CROSS, SCISSOR STEP, ¼ TURN, ½ TURN Step LF back on L diagonal opening R toe to R diagonal, touch RF next to LF Step RF back on R diagonal opening L toe to L diagonal, touch LF next to RF Step LF back on L diagonal opening R toe to R diagonal Cross RF behind LF, step LF to L side, cross RF over LF Step LF to L side, step RF next to LF, step LF fwd to R diagonal ¼ Turn L stepping RF back, ½ turn L stepping LF fwd (3:00)
Restart	Here on Wall 6 turn ¼ L drag RF in towards LF
SEC 5 1-2& 3-4&	SYNCOPATED ROCKS, STEP, STEP, PIVOT ½ TURN, ½ TURN Rock RF fwd, recover on to LF, close RF next to LF Rock LF fwd, recover on to RF, close LF next to RF
Restart 3-4-1	Here on Wall 1 change 3&4 to the following then restart Step LF fwd, touch RF next to LF, make ½ turn R
5-6 7-8 1	Step RF fwd, step LF fwd (3:00) Making ½ turn R transferring weight to RF, making ½ turn R step LF back (3:00) Make ¼ turn R to start

