

## Tjo Lej



www.linedancerweb.com www.linedancefoundation.com www.crystalbootawards.com 32 Count 2 Wall Improver Level Dance.

Choreographed by: Mie Fyrand-Westby (NOR) & Ellen Fyrand (NOR) Oct 2025

Choreographed to: Tjofadderittanlej by Dolly Style

Intro: 16 Counts. Start at approx 9 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	SIDE, TOGETHER, CHASSÉ ¼ TURN, PIVOT ¼ TURN, CROSS SHUFFLE
1-2	Step RF to side, step LF together
3&4	Step RF to side, step LF together, ¼ turn R and step fwd on RF (3:00)
5-6	Step fwd on LF, ¼ turn L and step RF to side (6:00)
7&8	Cross LF in front, step RF to side, cross LF in front
SEC 2	SIDE, TOGETHER, CHASSÉ, CROSS ROCK, CHASSÉ
1-2	Step RF to side, step LF together
3&4	Step RF to side, step LF together, step RF to side
5-6	Cross LF in front, recover to RF
7&8	Step LF to side, step RF together, step LF to side
Restart	Here on Walls 2 and 5, dance tag 1 then restart
SEC 3	ROCKING CHAIR, ROCKING CHAIR
1&2&	Step fwd on RF, recover to LF, rock back on RF, recover to LF
3&4	Rock fwd on RF, recover to LF, step RF beside LF
5&6&	Rock fwd on LF, recover to RF, rock back on LF, recover to RF
7&8	Rock fwd on LF, recover to RF, step LF together
SEC 4	CROSS SHUFFLE, ½ TURN, CROSS SHUFFLE, ½ TURN, CROSS SHUFFLE, MAMBO STEP
1&2&	Cross RF in front, step LF to side, cross RF in front, ½ turn L with weight on RF (12:00)
3&4&	Cross LF in front, step RF to side, cross LF in front, ½ turn R with weight on LF (6:00)
5&6	Cross RF in front, step LF to side, cross RF in front
7&8	Rock fwd on LF, recover to RF, step LF beside
Tag 1	Dance the following 4 times after 16 counts of Walls 2 and 5, then after tag 2 at the end of Wall 6
	OUT, OUT, IN, IN, 1/8 PIVOT TURN X 2
1-2	Step RF out and rise R hand, step LF out and rise L hand
3-4	Step RF in and place R hand on your hip, step LF in and place L hand on your hip
5-6	Step fwd on RF, ¼ turn L and recover to LF
7-8	Step fwd on RF, 1/2 turn L and recover to LF and roll your hips while turning
Tag 2	At the end of Wall 6
· 9 -	OUT, OUT, IN, IN
1-2	Step RF out and rise R hand, step LF out and rise L hand
3-4	Step RF in and place R hand on your hip, step LF in and place L hand on your hip
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