



Cupid's A Cowgirl

48 Count 4 Wall Improver Level Dance.
Choreographed by: Sylvie Carnoy (FR) Feb 2025
Choreographed to: Cupid's A Cowgirl by Alexandra Kay
Intro: 16 Counts. Start at approx 9 secs.

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Sequence: A, B, A, A (16 Counts), A, B, A (16 Counts), B, B, A, A (28 counts), Ending

Part A

SEC 1 STEP, LOCK, STEP LOCK STEP, STEP, LOCK, STEP LOCK STEP

- 1-2 Step forward RF, cross LF behind RF
- 3&4 Step forward RF, cross left behind RF, step forward RF
- 5-6 Step forward LF, cross RF behind LF
- 7&8 Step forward LF, cross RF behind LF, step forward LF

Option Make a circular movement back and forth with hand on beats 1-2-5-6

SEC 2 CROSS ROCK STEP, ¼ TURN TRIPLE, ¼ TURN SIDE ROCK STEP, BEHIND, SIDE, CROSS

- 1-2 Cross RF in front of LF, recover body weight on LF
- 3&4 Pivot ¼ turn to the right, step forward RF, LF next to RF, step forward RF (3:00)
- 5-6 Pivot ¼ turn towards the right and place LF on the left, recover body weight on RF (6:00)
- 7&8 Cross LF behind RF, RF on the right, cross LF in front of RF

Restart Here on 3rd and 5th Part A

SEC 3 SIDE, TOGETHER, TRIPLE STEP, HEEL GRIND ¼ TURN, COASTER HEEL

- 1-2 Step RF to the right, LF next to RF
- 3&4 Step forward RF, LF next to RF, step forward RF
- 5-6 Place the left heel in front, pivot left toe left from right to left by pivoting ¼ turn to the left, RF on the right (3:00)
- 7&8 Step back LF, step back RF, place left heel in front

SEC 4 BALL STEP, STEP, TRIPLE STEP, STEP ½ TURN, STEP, STOMP-UP

- &1-2 LF next to RF, step forward RF, step forward LF
- 3&4 Step forward RF, LF next to RF, step forward RF
- 5-6 Step forward LF, pivot ½ turn on the right (9:00)
- 7-8 Big step from the LF forward, stomp RF near the LF keeping weight on LF

Part B

SEC 1 STOMP, HOLD, STOMP, HOLD

- 1-4 Stomp RF to right, hold for 3 counts
- Option** Spread the arms on the stomp, then on the pauses hold the edge of the hat hand right, nod to right
- 5-8 Stomp LF to left, hold for 3 counts
- Option** Spread the arms on the stomp, then on the pauses hold the edge of the hat hand left, nod to left

SEC 2 ½ STOMP, HOLD, LEFT STOMP, HOLD

- 1-4 ½ Turn on the left stomp RF to right, hold for 3 counts
- Option** Spread the arms on the stomp, then on the pauses hold the edge of the hat hand right, nod to right
- 5-8 Stomp LF to left, hold for 3 counts
- Option** Spread the arms on the stomp, then on the pauses hold the edge of the hat hand left, nod to left

Ending After 28 counts of last part a

- 5&6 Kick from the right in front, RF next to LF, step forward LF
- 7 Stomp RF in front



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