



## Little Birds

32 Count 2 Wall High Beginner Level Dance.  
Choreographed by: Tracy Tull (CAN) Sept 2025  
Choreographed to: Little Birds by Elizabeth Nichols  
Intro: 4 Counts. Start at approx 2 secs.

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### SEC 1 SYNCOPATED ROCKING CHAIR, STEP ½ TURN, SHUFFLE

- 1&2& Step R forward, recover on L, step R back, recover on L  
3&4& Step R forward, recover on L, step R back, recover on L  
5-6 Step R forward, ½ turn L recover on L (6:00)  
7&8 Step R forward, step L beside R, step R forward

### SEC 2 SYNCOPATED ROCKING CHAIR, STEP ½ TURN, SHUFFLE

- 1&2& Step L forward, recover on R, step L back, recover on R  
3&4& Step L forward, recover on R, step L back, recover on R  
5-6 Step L forward, ½ turn R recover on R (12:00)  
7&8 Step L forward, step R beside L, step L forward

**Restart** Here on Wall 4

### SEC 3 TRIPLE SIDE, BACK ROCK, TRIPLE SIDE, BACK ROCK

- 1&2 Step side R, step L next to R, step side R  
3-4 Cross rock L behind R, replace weight on R  
5&6 Step side L, step R next to L, step side L  
7-8 Cross rock R behind L, replace weight on L

### SEC 4 ¼ MONTEREY TURN X 2

- 1-2 Touch R toe side, bring R back to L turning ¼ right (weight on R) (3:00)  
3-4 Touch L toe side, step L next to R (weight on left)  
5-6 Touch R toe side, bring R back to L turning ¼ right (weight on R) (6:00)  
7-8 Touch L toe side, step L next to R (weight on left)