



Save My Heart

40 Count 2 Wall Phrased Advanced Level Dance.
Choreographed by: Mike Liadouze (FR) & Ryan Hunt (UK) Sept 2025
Choreographed to: Save My Heart by Bradley Marshall
Intro: 16 Counts. Start at approx 15 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, A, B, C1, C2, Tag, A, B, B, C1, C2, A, C1

Part A

SEC 1 BEHIND FLICK ½, POINT HAND PUSH, DRAG IN, WALK, WALK, ¼ KICK, SIDE CROSS LIFT ½, SIDE CROSS

- 1 Cross R behind L flick L out and tightly behind R into a hitch making ½ L (6:00))
- 2&3 Step L in place, Point R to R bend L knee and push R hand forward, Straighten drag R in and pull R hand into chest
- 4&5 Walk forward R, Walk forward L, Make ¼ L stepping R to R kick L to L side (3:00))
- 6&7 Step L to L, Cross R over L, Step L to L hinge ½ R lifting R off floor (9:00))
- 8& Step R to R, Cross L over R

SEC 2 SWAY, SWAY, REACH OVER, TOUCH DOWN, ROLL 1 ¼, ROCK, SIDE ROCK

- 1-2 Step R to R, Sway L to L
- 3-4 Step R to R reach both hands up above head swing from L to R, Touch L together bring both hands down next to R hip
- 5&6 Make ¼ L stepping L forward, Make ½ L stepping R back, Make ½ L stepping L forward (6:00)
- 7&8& Rock R forward, Recover L, Rock R to R, Recover L

Part B

SEC 1 BEHIND SWEEP, BEHIND SIDE CROSS, STUTTER TAP, PRESS, FULL ROLLING TURN, CROSS SIDE

- 1 Cross R behind L sweep L from front to back
- 2&3 Cross L behind R, Step R to R, Cross L over R
- 4 Tap R slightly to R side cup R hand behind R ear
- 5 Extend into a full press to R side push R hand away from R ear and out to R side
- 6&7 Make ¼ L step L forward, Make ½ L step R back, Make ¼ L step L to L (12:00))
- 8& Cross R over L, Step L to L

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Part C

SEC 1 TOUCH SHOULDER LOCK, ½ UNWIND RELEASE, RECOVER, DIAGONAL RUN, SLOW ½ PIVOT, ROCK

1-2 Touch R behind L place closed R fist onto L shoulder

2 Unwind ½ R taking weight onto R throw open R hand down to R side with palm facing forward (6:00)

3-4& Recover L making ⅛ L, Run forward R, Run forward L (4:30)

5-6 Step forward R, HOLD

Note In 'C1', cross both arms over chest into a hug on 5-6 for lyrics "Hold Me",
In 'C2', place hands over ears on 5-6 for lyrics "Hear Me"

7-8& Make ½ L taking weight onto L, Rock R forward, Recover L (10:30)

SEC 2 ROCK BACK TORQUE, STEP, ROLLING TURN, ½ SQUARE GLIDE BOX, CROSS SIDE

1-2 Rock R back, Recover onto L

Note On Count 1, wipe/brush R hand in front and across the mouth and out to R side for lyrics "Happy Now"

3-4& Step R forward, Make ½ R stepping L back, Make ½ R stepping R forward (10:30))

5-6-7 Make ⅛ R stepping L to L, Make ¼ R stepping R to R, Make ¼ R stepping L to L (6:00)

Note Dance counts 5-7 with a glide style, rather than sharp steps

8& Cross R over L, Step L to L

Tag

BEHIND FLICK ½, POINT HAND PUSH, DRAG IN, CROSS SIDE

1 Cross R behind L flick L out and tightly behind R into a hitch making ½ L (6:00)

2&3 Step L in place, Point R to R bend L knee and push R hand forward, Straighten drag R in and pull R hand into chest

4& Cross R over L, Step L to L

Ending On count 15 of last C1, brush the base of R hand across the chest on the final "Save My Heart" facing (12:00)

