



Sticky Hands

32 Count 4 Wall Beginner Level Dance.
Choreographed by: Joern Kristiansen (NOR) Sept 2025
Choreographed to: Sticky Hands by Jorun Stiansen
Intro: 16 Counts. Start at approx 9 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 POINT, POINT, COASTER STEP, STEP ¼ TURN, CROSS SHUFFLE

- 1-2 Point R forward, Point R to right side
3&4 Step R back, step L beside R, step R slightly forward
5-6 Step L forward, turn ¼ right, Weight on R (3:00)
7&8 Cross L over R, stepping L side, Cross L over R

SEC 2 ½ HINGE, SHUFFLE FORWARD, PADDLE ¼ TURN, PADDLE ¼ TURN

- 1-2 Step R back turning ¼ left, step L forward turning a ¼ Left (9:00)
3&4 Step forward on R, Step L beside R, Step R forward
5-6 Step forward on L, On ball of R turn ¼ right, Weight on R (12:00)
7-8 Step forward on L, On ball of R turn ¼ right, Weight on R (3:00)

SEC 3 STEP, POINT, BACK, POINT, CROSS, SIDE, BEHIND SIDE CROSS

- 1-2 Step L forward, Point R to right side
3-4 Step R back, Point L to left side
5-6 Cross L over R, Step R to right side
7&8 Step L behind R, Step R to right side, Cross Left over R

SEC 4 SIDE ROCK ¼, SHUFFLE, ROCK, SAILOR ¼ TURN

- 1-2 Rock R to right side, Recover on L turning ¼ left (12:00)
3&4 Step forward on R, Step L beside R, Step R forward
5-6 Rock forward on left, Recover on right
7&8 Turn ¼ left crossing left behind R, Step R beside L, Step L forward (9:00)

Tag At the end of wall 4 do the following:

POINT, POINT, COASTER STEP, POINT, POINT, COASTER STEP

- 1-2 Point R forward, Point R to right side
3&4 Step R back, step L beside R, step R slightly forward
5-6 Point L forward, Point L to left side
7&8 Step L back, step R beside L, step L slightly forward

