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32 Count 4 Wall Absolute Beginner Level Dance.
Choreographed by: Celia Costa (USA) Sept 2025
Choreographed to: Cold Hearted by Paula Abdul
Intro: 32 Counts. Start at approx 15 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 ROCK BACK, STEP, ¼ TURN, ROCKING CHAIR

- 1-2 Rock back on RF, recover onto LF
- 3-4 RF steps forward, ¼ turn left (9:00)
- 5-6 Rock forward on RF, recover on LF
- 7-8 Rock back on RF, Recover on LF

SEC 2 V-STEP, V-STEP

- 1-2 RF steps out onto R diagonal, LF steps out onto L diagonal
- 3-4 Step RF back diagonal, step LF back diagonal next to RF
- 5-6 RF steps out onto R diagonal, LF steps out onto L diagonal
- 7-8 Step RF back diagonal, step LF back diagonal next to RF

SEC 3 HEEL STRUT X4

- 1-2 Step R heel forward, drop R toe
- 3-4 Step L heel forward, drop L toe
- 5-6 Step R heel forward, drop R toe
- 7-8 Step L heel forward, drop L toe

SEC 4 BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

- 1-2 RF steps diagonally back, LF touches next to R
- 3-4 LF steps diagonally back, RF touches next to L
- 5-6 RF steps diagonally back, LF touches next to R
- 7-8 LF steps diagonally back, RF touches next to L