

My Best Dance Moves



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Beginner Level Dance.

Choreographed by: Alexis Tait (UK) & Ben Murphy (DE) Sept 2025

Choreographed to: My Best Dance Moves by Ryan Langdon

Intro: 64 Counts. Start at approx 30 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	CROSS ROCK, SHUFFLE, CROSS, ¼ BACK, FLICK, TAP
1-2	RF cross over LF, Recover LF
3&4	RF step to right side, LF close next to RF, RF step to right side
5-6	LF cross over RF, RF step back ¼ turn to left (9:00)
7-8	Close LF to RF Flick RF back, RF touch next to LF
SEC 2	K-STEP, SCUFF
1-2	RF step diagonal fwd to right side, LF tap next to RF
3-4	LF step diagonal back to left side, RF tap next to LF
5-6	RF step diagonal back to right side, LF tap next to RF
7-8	LF step diagonal fwd to left side, RF scuff towards (9:00)
SEC 3	HIP ROLL, HITCH, HIP ROLL, HITCH
1-2	RF step fwd Roll hip over RF, LF recover Roll hip over LF
3-4	RF step fwd Roll hip over RF, Hitch left knee 1/4 turn to left facing (6:00)
Restart	Here on Walls 2 and 6, change count 4 to recover to LF and turn $\mbox{\em 1}\!$
5-6	LF step to left side Roll hip over LF, RF recover Roll hip over RF
7-8	LF step to left side Roll hip over LF, Hitch right knee
SEC 4	V-STEP, HEEL GRIND ¼ TURN, SLIDE BACK, CLOSE
	DE stan out diagonal fied LE stan out diagonal fied
1-2	RF step out diagonal fwd, LF step out diagonal fwd
1-2 3-4	RF step back, LF close next to RF
3-4	RF step back, LF close next to RF
3-4 5-6	RF step back, LF close next to RF Step fwd with R Heel and turn 1/4 to right, LF step back (9:00)
3-4 5-6 7-8	RF step back, LF close next to RF Step fwd with R Heel and turn ¼ to right, LF step back (9:00) RF step back with slide, LF close to RF

