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## My First My Last My Everything Smooth

32 Count 4 Wall Beginner Level Dance.

Choreographed by: Heather Jayne Endall (AUS) Aug 2025

Choreographed to: You're The First, The Last, My Everything by Peter Grant Intro: 16 Counts. Start at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	CROSS ROCK SIDE, HOLD, CROSS ROCK SIDE, HOLD
1-2	Cross R over L, Recover on L
3-4	Big step R to R side, HOLD with lifted L heel
5-6	Cross L over R, Recover on R
7-8	Big step L to L side, HOLD with lifted R heel
Restart	Here on Wall 5
SEC 2	WEAVE, $\frac{1}{4}$ STEP, STEP, PIVOT $\frac{1}{2}$ , WALK, WALK
1-2	Cross R over L, Step L to L side
3-4	Step R behind L, Step L 1/4 Fwd turning L (9:00)
5-6	Step R Fwd, Turn ½ over L taking weight on L (3:00)
7-8	Walk R, Walk L
Restart	Here on Wall 10
Restart SEC 3	
	Here on Wall 10  STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front
SEC 3	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR
<b>SEC 3</b> 1-2	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front
<b>SEC 3</b> 1-2 3-4	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front Step L Fwd slightly across R, Sweep R from back to front
<b>SEC 3</b> 1-2 3-4 5-6	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front Step L Fwd slightly across R, Sweep R from back to front Rock R Fwd, Recover on L Rock R Back, Recover on L
SEC 3 1-2 3-4 5-6 7-8	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front Step L Fwd slightly across R, Sweep R from back to front Rock R Fwd, Recover on L Rock R Back, Recover on L SIDE, KICK, SIDE, KICK, FWD, TOUCH, TURN ½, TOUCH
SEC 3 1-2 3-4 5-6 7-8 SEC 4 1-2	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front Step L Fwd slightly across R, Sweep R from back to front Rock R Fwd, Recover on L Rock R Back, Recover on L  SIDE, KICK, SIDE, KICK, FWD, TOUCH, TURN ½, TOUCH Step R to R side, Kick L across R (low sharp kick
SEC 3 1-2 3-4 5-6 7-8 SEC 4 1-2 3-4	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front Step L Fwd slightly across R, Sweep R from back to front Rock R Fwd, Recover on L Rock R Back, Recover on L  SIDE, KICK, SIDE, KICK, FWD, TOUCH, TURN ½, TOUCH Step R to R side, Kick L across R (low sharp kick Step L to L side, Kick R across L (low sharp kick
SEC 3 1-2 3-4 5-6 7-8 SEC 4 1-2	STEP, SWEEP, STEP, SWEEP, ROCKING CHAIR Step R Fwd slightly across L, Sweep L from back to front Step L Fwd slightly across R, Sweep R from back to front Rock R Fwd, Recover on L Rock R Back, Recover on L  SIDE, KICK, SIDE, KICK, FWD, TOUCH, TURN ½, TOUCH Step R to R side, Kick L across R (low sharp kick

