



## Lost In A Memory

32 Count 4 Wall Beginner Level Dance.

Choreographed by: Paul James (UK) Aug 2025

Choreographed to: Lost by Bailey Zimmerman & The Kid LAROI

Intro: Start at approx 1 secs

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**Remember to Vote** for your favourite dances in the Linedancer Charts.

### SEC 1 SIDE TOGETHER FORWARD, TWIST

- 1-2 Step RF to R, Step LF next to RF
- 3-4 Step RF forward, Step LF next to RF
- 5-6 Twist heels to L, Twist toes to L
- 7-8 Twist heels to L, Twist toes to L

### SEC 2 SIDE TOGETHER BACK, TWIST

- 1-2 Step LF to L, Step RF next to LF
- 3-4 Step LF back, Step RF next to LF
- 5-6 Twist heels to R, Twist toes to R
- 7-8 Twist heels to R, Twist toes to R

### SEC 3 SIDE, TOGETHER, SIDE, TOGETHER, SIDE ROCK CROSS, CLAP

- 1-2 Step RF to R, Step LF next to RF
- 3-4 Step RF to R, Step LF next to RF
- 5-6 Rock RF to R, Recover onto LF
- 7-8 Cross RF over LF, Clap hands

### SEC 4 TOE STRUT, TOE STRUT, SIDE ROCK ¼ TOGETHER, CLAP

- 1-2 Step L toe to L, Drop L heel
- 3-4 Cross R toe over LF, Drop R heel
- 5-6 Rock LF to L, Recover onto RF making ¼ turn R (3:00)
- 7-8 Step LF next to RF, Clap hands

**Tag** At the end of Wall 6

### HEEL, TOGETHER, HEEL, TOGETHER

- 1-2 Tap R Heel forward, Step RF next to LF
- 3-4 Tap L Heel forward, Step LF next to RF

