

Hot & Heavy



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Improver Level Dance. Choreographed by: Alexandre Beauregard (CAN) & Ashley Pelletier (CAN) Aug 2025

Choreographed to: Hot & Heavy by Tyla Rodrigues Intro: 8 Counts. Start at approx 7 secs.

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SEC 1 1-2 &3&4 5-6 7-8	WALK, WALK, OUT, OUT, IN, IN, ¼ PADDLE, FWD, TOUCH Step RF Fwd, Step LF fwd Step RF right, Step LF left, step RF to center, step LF next to right Keeping weight on LF touch R toes fwd, push off and ¼ turn left (9:00) Step RF fwd, touch L toe behind RF
SEC 2 1&2 3-4 5-6 &7&8	BACK-LOCK-BACK, TOE, UNWIND ½ TURN, STEP, KICK, OUT, OUT, FLICK Step LF back, step RF crossed in front of left, step LF back R toe back, pivot ½ turn right and drop weight on RF (3:00) Step LF fwd, Kick RF fwd RF back right, LF back left, RF to center, LF next to right
SEC 3 1-2& 3&4 5-6 7&8	SIDE, BEHIND, SIDE, HEEL & CROSS, BACK ¼ TURN, STEP ¼ TURN, CROSS SHUFFLE RF to right, LF crossed behind right, RF right L Heel diagonal left, LF next to right, cross RF in font of left Step LF back ¼ turn right, Step RF right ¼ turn right (9:00) Cross LF in front of right, RF right, cross LF in front of right
SEC 4 1-2 3-4 5-6 7-8	STOMP, HOLD, STOMP, HOLD, STEP, BOUNCE TWICE ½ TURN, FLICK BACK Stomp RF right, hold Stomp LF left, hold RF fwd, bounce heels ¼ turn left (6:00) Bounce heels ¼ turn left, flick RF behind (3:00)
Ending 1-4 5-8	After 24 counts of Wall 8 STOMP, HOLD, STOMP HOLD Stomp RF to right, Hold for 3 counts Stomp LF to left, Hold for 3 counts
1-2 3-4 5-6 7-8	STOMP, HOLD, STOMP, HOLD, STEP, BOUNCE TWICE ½ TURN, FLICK BACK Stomp RF right, hold Stomp LF left, hold RF fwd, bounce heels ¼ turn left Bounce heels ¼ turn left, flick RF behind
1-2 &3&4 5	WALK, WALK, OUT, OUT, CROSS, UNWIND FULL Step RF fwd, step LF fwd Step RF right, Step LF left, step RF to center, step LF next to right Cross RF in front of left



Unwind slow full or quick double turn to the left

6-8