



Single And Free

32 Count 4 Wall High Beginner Level Dance.

Choreographed by: Ivan Rundgren (SWE) Aug 2025

Choreographed to: Cotton Eye Joe (Single And Free) by Stockholm Cowboys

Intro: 16 Counts. Start at approx 10 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 WALK, WALK, STOMP, SWIVELS OUT, SWIVELS IN, STEP, TOUCH, STEP, TOUCH, OUT, OUT

- 1-2 Walk fwd R, walk fwd L
3&4 Stomp fwd R, swivel R heel to R and L heel to L side, swivel both heels to center
5&6& Step R to R side, touch L beside R, step L to L side, touch R beside L
7-8 Step R diagonal fwd R, step L diagonal fwd L

SEC 2 STEP, TOUCH, BACK, KICK, COASTER, STEP, TOUCH, BACK, KICK, COASTER

- 1&2& Step fwd R, touch L beside R, step back on L, kick fwd R
3&4 Step back on R, step L beside R, step fwd R
5&6& Step fwd L, touch R beside L, step back on R, kick fwd L
7&8 Step back on L, step R beside L, step fwd L

Restart Here on Wall 5

SEC 3 CROSS ROCK, SIDE ROCK, CROSS ROCK SIDE, CROSS ROCK, SIDE ROCK, CROSS ROCK SIDE

- 1&2& Cross step R over L, recover to L, step R to R side, recover to L
3&4 Cross step R over L, recover to L, longer step R to the R side
5&6& Cross step L over R, recover to R, step L to L side, recover to R
7&8 Cross step L over R, recover to R, longer step L to the L side

SEC 4 JAZZ BOX ¼ TURN, CHASSE, CROSS ROCK SIDE

- 1-2 Cross step R over L, step back on L
3-4 ¼ turn R stepping R to R side, cross step L over R (3:00)
5&6 Step R to R side, step L beside R, step R to R side
7&8 Cross step L over R, recover to L, longer step L to L side

