



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 WALK, WALK, OUT OUT, BACK X3, COASTER CROSS

- 1-2 Walk forward Right, walk forward Left
&3-4 Step Right out to Right side, step Left out to Left side, step back on Right
5-6 Step back on Left, step back on Right
7&8 Step Left back, step Right next to Left, cross Left over Right

SEC 2 SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ TURN

- 1-2 Rock Right to side, recover on Left
3&4 Cross Right behind Left, step Left to side, cross Right over Left
5-6 Rock Left to side, recover to Right
7&8 Cross Left behind Right, step Right next to Left, turn ¼ Left stepping forward on Left (9:00)

SEC 3 STEP LOCK STEP, SCUFF HITCH CROSS, SIDE, HOLD, BALL, SIDE, TOGETHER

- 1&2 Step forward Right, lock Left behind Right, Step forward Right
3&4 Scuff Left, hitch Left knee, cross Left over Right
5-6 Step Right to side, hold
&7-8 Step on the ball of the Left next to Right, step Right to Right side, step Left next to Right

SEC 4 WEAVE, MAMBO ¼ TURN, RUN RUN RUN

- 1-2 Cross Right over Left, step Left to side
3-4 Cross Right behind Left, step Left to side
5&6 Cross Right over Left, recover on Left, step ¼ Right (12:00)
7&8 Turn ⅛ Right step forward Left, turn ¼ Right step forward Right, turn ⅛ Right step forward Left (6:00)

Restart Here on Wall 3

SEC 5 STEP, KICK, SHUFFLE BACK, BACK ROCK, KICK BALL CHANGE

- 1-2 Step forward on Right, kick Left forward
3&4 Step Left back, step Right next to Left, step Left back
5-6 Rock back on Right, recover on Left
7&8 Kick Right forward, step on the ball of Right, step on Left

SEC 6 HIP ROLL, TOUCH L, HIP ROLL, TOUCH, SIDE ROCK, CROSS SHUFFLE

- 1-2 Rotate hips in a circular motion from Left to Right, touch Left toe to Left side
3-4 Rotate hips in a circular motion from Right to Left, touch Right toe to Right side
5-6 Rock Right to Right side, recover weight onto Left
7&8 Cross Right over Left, step Left next to Right, cross Right over Left

Catching Feelings For Me
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Catching Feelings For Me

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SEC 7 STEP, PIVOT $\frac{1}{4}$, SHUFFLE $\frac{1}{2}$ BACK, BACK SWEEP, BACK SWEEP, BACK ROCK

1-2 Step Left forward, pivot $\frac{1}{4}$ turn Right (9:00)

3&4 Making a $\frac{1}{2}$ turn step back on Left, step Right next to Left, step Left back (3:00)

5-6 Step back on Right sweep Left, step back on Left sweep Right

7-8 Rock back on Right, recover on Left

SEC 8 $\frac{1}{2}$ DIAMOND , CROSS, BACK, BUMP, BUMP

1&2 Step Right forward, turn $\frac{1}{8}$ Right step Left to left, turn $\frac{1}{8}$ Right step Right back (6:00)

3&4 Step Left back, turn $\frac{1}{8}$ Right step Right to side, turn $\frac{1}{8}$ Right step Left next to Right (9:00)

5-6 Cross Right over Left, step back on Left

7-8 Hip bump Right, hip bump Left

