

## **Seven Seas**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Improver Level Dance.
Choreographed by: John Read (IRE) Jun 2025
Choreographed to: Sailing On The Seven Seas by Ruan De Waal
Intro: 48 Counts. Start at approx 22 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

| SEC 1<br>1&2<br>3&4<br>5-6<br>7-8      | KICK BALL STEP, KICK BALL STEP, KICK, TOUCH, UNWIND, STEP Kick right forward, step on ball of right, stepping forward on to left Kick right forward, step on ball of right, stepping forward on to left Kick right forward, touch right behind Unwind ½ right placing weight on to right, step left to left   |
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| SEC 2<br>1-2<br>3-4<br>&5<br>&6<br>7-8 | BEHIND, OUT, OUT, BEHIND, BALL HEAL, BALL CROSS, STEP ¼ TURN STOMP Step behind left with right, step left to left Step right to right, Step behind right with left Step back on right foot, placing left heel in front of left heel forward Step back behind right on ball of left foot, crossing right over left Step to the left on to left, stomping ¼ right onto right (3:00) |
| <b>SEC 3</b> 1-2                       | STOMP STEP, CROSS BACK HEAL, AND STOMP STOMP, SAILOR ½ TURN Stomp left beside right, step left to left side   |
| Restart                                | Here on Wall 9, omit counts 1&2 of next wall continuing from count 3  |
| 3&4&<br>5-6<br>7&8                     | Cross right over left, step back on to left, place right heel forward, stepping on to right Stomp right in place, stomp left beside right Swing left behind right, turn ¼ L step on to ball of right, turn ¼ L stepping slightly forward on to left (9:00)  |
| <b>SEC 4</b> 1-2 3-4 5-6 7-8           | K STEP WITH CLAPS  Step diagonally forward on to right, touch left next to right with a clap  Step diagonally back on to left with clap, touch right next to left with clap  Step diagonally back on to right with clap, touch left next to right with clap  Step diagonally forward on to left with clap, touch right next to left   |

