



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 WALK, WALK, MAMBO FORWARD, BACK SWEEP, BEHIND SIDE CROSS

- 1-2 Walk forward R, Walk forward L
3&4 Rock R forward, Recover on L, Step R back
5-6 Step L back as you sweep R back over 2 counts
7&8 Cross R behind L, Step L to L, Cross R over L

SEC 2 BALL STEP, TAP, BACK, KICK, OUT OUT, IN CROSS, SLIDE DRAG, BALL CROSS, ¼ FORWARD

- &1& Step L to L, Make ½ L stepping R forward, Tap L toes behind R heel (10:30)
2& Step L back, Kick R forward
3&4& Make ½ R stepping R to R, Step L to L, Close R next to L, Cross L over R (12:00)
5-6 Take a big step to R as you drag L up over 2 counts

Restart Here on Wall 2, Dance the following then Restart
&7-8 Close L next to R, Step R forward, Pivot ½ L (12:00)

&7-8 Close L next to R, Cross R over L, Make ¼ L stepping L forward (9:00)

SEC 3 ½ BACK SWEEP, PONY STEP, SIT BACK, RECOVER W/ FLICK, WALK, WALK

- 1-2 Make ½ L stepping back on R as you sweep L back over 2 counts (3:00)
3&4 Step L back as you hitch R knee, Recover on R, Step L back as you hitch R knee
5-6 Rock back R as you sit over R hip, Recover on L as you flick R back
7-8 Walk forward R, Walk forward L

SEC 4 MODIFIED SYNCOPATED K-STEP ¼, PRESS, RECOVER HITCH, BACK, COASTER STEP

- &1&2 Step R diag, forward, Touch L next to R, Step L diag, back, Touch R next to L
&3&4 Make ¼ R stepping R to R, Touch L next to R, Step L diag, forward, Touch R next to L (6:00)
&5-6 Press forward on R, Recover on L as you hitch R knee, Step R back
7&8 Step L back, Close R next to L, Step L forward

SEC 5 ¼ CROSS, SIDE, SAILOR POINT, BALL CROSS, SIDE, SAILOR POINT

- 1-2 Make ¼ R crossing R over L, Step L to L (9:00)
3&4& Cross R behind L, Step L to L, Point R toes to R diagonal, close R next to L
5-6 Cross L over R, Step R to R
7&8& Cross L behind R, Step R to R, Point L toes to L diagonal, close L next to R

Be My Own Man

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SEC 6 CROSS, ½ HINGE, CROSS SHUFFLE, SMOOTH HIP ROLL ¼, HIP ROLLS ¼

- 1-2& Cross R over L, Make ¼ R stepping L back, Make ¼ R stepping R to R (3:00)
3&4 Cross L over R, Step R to R, Cross L over R
5-6 Step R forward as you circle hips counter-clockwise making ¼ L, Recover on L (12:00)
7& Step R forward as you circle hips counter-clockwise making ¼ L, Recover on L (9:00)
8& Step R forward as you circle hips counter-clockwise making ¼ L, Recover on L (6:00)

SEC 7 DOUBLE SHOULDER POP, & ROCK SHOULDER ROLL, HEEL FANS BACK, COASTER STEP

- 1-2 Press R firmly forward as you pop R shoulder forward/up, pop R shoulder forward/up
Note The Double Shoulder Pop can be replaced with a regular Rock Forward, Recover
&3-4 Close R next to L, Rock L forward as you roll L shoulder from front to back, Recover on R
5-6 Step L back as you fan R toes to R, Step R back as you fan L toes to L
7&8 Step L back, Close R next to L, Step L forward

SEC 8 BOOGIE WALK, MAMBO ½ TURN, BALL ¼ CROSS, ¼ FORWARD, CHASE ½ TURN

- 1&2 Run forward R bending knees, run forward L bending knees, run forward R bending knees
3&4 Rock L forward, Recover on R, Make ½ L stepping L forward (12:00)
&5-6 Make ¼ L stepping R to R, Cross L over R, Make ¼ R stepping R forward (12:00)
7&8 Step L forward, Pivot ½ R, Step L forward (6:00)

