

Over The Sea



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Choreographed by: Amund Storsveen (NOR) Jun 2025

Choreographed to: Over The Sea by Magnus Bokn

Intro: 32 Counts. Start at approx 17 secs.

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SEC 1 1-2 &3-4 5-6 7&8	STEP, STEP, SIDE ROCK, STEP, ROCK, SHUFFLE ¼ TURN Step R forward, Step L forward Rock R to right, Recover on L, Step R forward Rock L forward, Recover on R Step L back, Step R next to left, ¼ turn left step L to left (9:00)
SEC 2 1-2 3& 4& 5-6 7&8	CROSS, SIDE, SAILOR HEEL BALL CROSS, ¼ BACK, SHUFFLE ¼ TURN Cross R over left, Step L to left Step R behind left, Step L slightly left Touch R heel diagonally right, Step ball of R next to left Cross L over right, ¼ turn left step R back (6:00) Step L back, Step R next to left, ¼ turn left step L to left (3:00)
SEC 3 1-2& Arms &3 Arms 4&5 Arms 6& 7&8 Arms	CROSS, HOLD BALL CROSS, SIDE ROCK CROSS, HOLD BALL CROSS SHUFFLE Cross R over left, Hold Close right fist and place right underarm across chest (count 1&2 Step ball of L slightly left, Cross R over left Close left fist and place left underarm across chest/right arm Rock L to left, Recover on R, Cross L over right Point right elbow right and left elbow left, fists touching in front of chest, arms parallel to floor Hold, Step ball of R slightly right Cross L over right, Step ball of R slightly right, Cross L over right Pull both arms straight down with closed fists (7-8)
SEC 4 1-2 3&4 5-6 7&8	SIDE ROCK, SAILOR ½ TURN, ROCK, COASTER STEP Rock R to right, Recover on L ¼ turn right step R behind left, ¼ turn right step L to left, Step R forward (9:00) Rock L forward, Recover on R Step L back, Step R next to left, Step L forward At the end of Wall 4
1-2 3-4 5-6 7-8	WALK X3, POINT, BACK X3, POINT Step forward on R, Step forward on L Step forward on R, Point L to left Step back on L, Step back on R Step back on L, Point R to right
Ending	After 14 counts of Wall 9, ¼ shuffle left

On count 17 step right forward with closed fists and arms crossed in front of chest

