

- 1-8 KICK, STEP, TWIST, RECOVER, HEEL & TOUCH & HEEL & POINT**
1-2 Kick RIGHT Forward, Step RIGHT back (toes angled towards 3 o'clock)
3-4 Bend knees and twist body 1/4 RIGHT, Straighten knees with weight on LEFT (12 o'clock)
(Styling – Count 3 Drop Right shoulder as you twist and look down over shoulder at floor, Left heel lifts. Count 4 as you recover Left heel drops to floor taking weight. Counts 3-4 should feel like a sit-stand motion)
5&6 Touch RIGHT heel forward, & Step RIGHT in place, Touch LEFT toes beside right
&7 & step LEFT in place, Touch RIGHT heel forward
&8 & Step RIGHT in place, Point LEFT toes to Left
- 9-16 1/4 LEFT TURN, 2 x LEFT HEEL DROPS, 4 x 1/4 PADDLE LEFT**
1-2 Bend knees and begin 1/4 turn Left, complete 1/4 turn straighten knees Left heel raised (9 o'clock)
3&4 Drop LEFT heel to floor, & raise LEFT heel, drop LEFT heel to floor taking weight
(Styling – Count 3&4 Snap fingers in downward motion from waist as heel drops to floor)
&5 & Hitch RIGHT knee and make 1/4 turn Left, Touch RIGHT toes to side (6.00)
&6-8 Repeat &5 three times to complete a full paddle turn weight remains on LEFT (9.00)
- 17-24 TOE TOUCHES x 4, CROSS SHUFFLE, 1/2 TURN RIGHT**
1-2 Touch RIGHT toes forward to Left diagonal, Touch RIGHT toes to Right side
3-4 Touch RIGHT toes forward to Left diagonal, Touch RIGHT toes to Right side
5&6 Cross RIGHT over Left, & Step LEFT to Left, Cross RIGHT over Left
7-8 Make 1/4 turn Right stepping back LEFT, Make 1/4 turn Right stepping RIGHT to side (3.00)
- 25-32 CROSS SHUFFLE, POINT, 1/4 TURN LEFT AND FLICK, FORWARD RIGHT SHUFFLE, FORWARD LEFT SHUFFLE**
1&2 Cross LEFT over Right, & Step RIGHT to Right, Step LEFT over Right
3-4 Point RIGHT to Right, Make 1/4 turn Left flicking RIGHT heel up and click right fingers (12 o'clock)
5&6 Shuffle forward on RIGHT, LEFT, RIGHT
7&8 Shuffle forward on LEFT, RIGHT, LEFT
- 33-40 KICK & POINT, KICK & POINT, CROSS UNWIND, HIP ROLL**
1&2 Kick RIGHT forward, & Step RIGHT beside Left, Point LEFT to Left
3&4 Kick LEFT forward, & Step LEFT beside Right, Point RIGHT to Right
5-6 Cross RIGHT over Left, Unwind 1/2 turn Left (6 o'clock)
7-8 With weight on LEFT slowly circle hips from Right to Left (roll what you've got)
(Styling – Counts 7-8 place LEFT hand on Right hip and raise RIGHT hand to Right side of head slowly drop Right hand in an arc across face and body hand returns to side)
- 40-48 DIAGONAL HEEL DROPS x 4 (Travelling Slightly Forward)**
1 Step RIGHT toes slightly forward to Right diagonal
2 Drop RIGHT heel to floor clicking Right fingers forward at shoulder height
&3 & Step LEFT toes slightly forward to Left diagonal, & Drop LEFT heel to floor
&4 & Raise LEFT heel, Drop heel to floor
(Styling – Counts &3, &4 With both hands, palms down, above Left hip, Push down as heel drops to floor, recover hands to start position as heel raises)
5-8 Repeat 1-4
- 49-54 DIAGONAL SHUFFLES LEFT AND RIGHT, SKATER STEPS x 4**
1&2 Shuffle forward to Right Diagonal on RIGHT, LEFT, RIGHT
3&4 Shuffle Forward on Left Diagonal on LEFT, RIGHT, LEFT
5-8 Skate forward on RIGHT, LEFT, RIGHT, LEFT
(Styling – Counts 5-8 As you skate forward on Right reach hands up palms together and lift hips, Over the next 2 counts gradually drop hands, sink hips lower and bend knees on the last count straighten knees – think of this as up, down, down up – hands trace a zig zag pattern right, left, right)
- 55-68 THREE STEP FULL TURN RIGHT, TOUCH, THREE STEP FULL TURN LEFT, TOUCH**
1-2 Step RIGHT 1/4 turn Right, On ball of RIGHT turn 1/4 Right stepping LEFT to side
3-4 On ball of LEFT turn 1/2 Right stepping RIGHT to side, Touch LEFT beside Right and clap
5-8 Repeat 1-4 to LEFT beginning Step LEFT 1/4 Left
(Note – these counts can be replaced with grapevines Right and Left)
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