

## One Life, One Soul



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Choreographed by: Stephanie Bijon (FR) & Geraldine Beluche (FR) May 2025

Choreographed to: One Life, One Soul by ZIAN

Intro: 40 Counts. Start at approx 32 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

| SEC 1<br>1-2<br>3-4<br>5-6&<br>7-8    | STEP, DRAG, STEP, DRAG, ROCK ½ TURN, STEP, FULL TURN RONDE  Step RF forward raising R arm to R side, Drag LF close to RF  Step LF forward raising L arm to L side, Drag RF close to LF  Rock RF forward, Recover on L, ½ turn R step RF forward (6:00)  ½ turn R step LF backward with rondé R, ½ turn R step RF forward (6:00)   |
|---------------------------------------|---|
| SEC 2<br>1-2&<br>3-4<br>5&6<br>7-8&   | ROCK, BALL BACK, BEHIND SIDE CROSS, LUNGE, ROLLING WINE Rock LF forward, Recover on R, Close LF next to RF Step RF back, Step LF back Cross RF behind LF, Step LF to L side, Cross RF over LF Big step L to L side with lunge, ¼ turn R, step RF forward, ½ turn R, step LF backward (3:00)   |
| SEC 3<br>1-2&<br>3-4&<br>5-6&<br>7-8  | SIDE ROCK, BALL SIDE ROCK, BALL STEP HITCH, RUN X3, SWEEP ½ TURN, TOUCH ¼ turn R, side rock RF to R raising R arm to R side, recover L, Close RF next to LF (6:00) Side rock LF to L raising L arm to L side, Recover on R, Close LF next to RF Step RF forward hitching L, Run L forward, Run R forward Run LF forward sweeping RF back to front and ½ turn L, Touch RF next to LF (12:00) |
| SEC 4<br>1-2&3<br>4&5<br>6&<br>7-8    | STEP, RUN X3 ¼ TURN SWEEP, WEAVE SWEEP, BEHIND, ¼ STEP, STEP, ½ TURN Step RF forward, Run LF forward, Run RF forward, ¼ turn L, run LF forward with sweep RF back to front (9:00) Cross RF over LF, Step LF to L side, Cross RF behind LF with sweep L from front to back Cross LF behind RF, ¼ turn R, step RF forward (12:00) Step LF forward, ½ turn R, step RF forward (6:00)           |
| Restart<br>7-8                        | Here on Wall 2, Dance the Tag then restart and on Wall 4, Change 7-8 to the following then restart Step LF forward, Touch RF next to LF   |
| SEC 5<br>1-2&<br>3-4&<br>5-6&<br>7-8& | ROCK, BALL ROCK, BALL ¼ SWAY X3, NIGHTCLUB BASIC  Rock LF forward with arms moving from side to front, Recover on R, Close LF next to RF  Rock RF forward with arms moving from side to front, Recover on L, Close RF next to LF  ¼ turn L step LF to L side and sway L, Sway R, Sway L (3:00)  Large step RF to R side, Step LF close to RF, Cross RF over LF                              |

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| SEC 6  | DIAMOND ¾ TURN, CROSS, SIDE   |
|--------|---|
| 1-2&   | Step LF to L side, 1/8 turn R step RF back, Step LF back (4:30)                     |
| 3-4&   | 1/2 turn R step RF to R side, 1/2 turn R step LF forward, Step RF forward (7:30)    |
| 5-6&   | 1/₂ turn R step LF to L side, 1/₂ turn R step RF back, Step LF back (10:30)         |
| 7-8&   | 1/2 turn R step RF to R side, Cross LF over RF, Step RF to R side (12:00)           |
| SEC 7  | 1/8 BACK ROCK, 1/8 SIDE, BEHIND SWEEP,  |
|        | BEHIND SIDE CROSS TOUCH, UNWIND FULL TURN SWEEP, BEHIND SIDE                        |
| 1-2    | 1/8 turn L rock LF behind RF, Recover on R (10:30)                                  |
| &3     | 1/8 turn R step LF to L side, Cross RF behind LF with sweep L front to back (12:00) |
| 4&5    | Cross LF behind RF, Step RF to R side, Touch LF crossing over RF                    |
| 6-7    | Unwind full turn R, Sweep RF from front to back (12:00)                             |
| 8&     | Cross RF behind LF, Step LF to L side   |
| Tag    | At the end of Wall 2  |
|        | STEP, HOLD, STEP, HOLD, ½ STEP, DRAG  |
| 1-2    | Step LF forward, Hold   |
| 3-4    | Step RF forward, Hold   |
| 5-6    | ½ turn L step LF forward, Drag RF close to LF                                       |
| Ending | At the end of Wall 5  |
| 1-2    | Step RF forward raising R arm to R side, Drag LF close to RF                        |
| 3-4    | Step LF forward raising L arm to L side, Drag RF close to LF                        |
| Note   | And for the last counts, just walk to leave the dance floor                         |

