



Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, B, C, A, A, B, C, A, A, B

Part A

SEC 1 STEP SWEEP, CROSS, SIDE, BACK SWEEP, CROSS, SIDE, WALK X3, ROCK

- 1-2 Step L Forward sweeping R from back to front, Cross R over L
- &3 Step L to the L side, Step R back sweeping L from front to back
- 4& Step L cross behind R, Step R to the R side
- 5-6-7 Walk L forward, Walk R fwd, Walk L fwd
- 8& Rock R forward, Recover onto L

SEC 2 BACK, COASTER CROSS ROCK SIDE, CROSS ROCK SIDE, WALK WALK, ½ TURN

- 1 Big Step R back drag L
- 2&3 Step L back, R beside L, Cross L over R
- 4&5 Recover onto R, Step L to the L side, Cross R over L
- 6&7 Recover onto L, Step R to the R side, Walk L forward
- 8& Step R Forward, ½ Turn to the L

Note When there are two part A at the end of the first A, delete & count ready to start the A part again with the L step

Part B

SEC 1 SIDE ROCK, SIDE ROCK, ROCK, PONY STEP

- 1-2& Side Rock R, Recover onto L, R beside L
- 3-4& Side Rock L, Recover onto R, L beside R
- 5-6 Rock R forward, Recover onto L
- 7&8 Step R back hitching left knee, Step L beside R, Step R back hitching left knee

SEC 2 SAILOR ¼ TURN, SIDE DRAG, SAILOR ¼ TURN, POINT, FLICK

- 1&2 ¼ turn to the left crossing L behind R, R to the right side, Cross L over R
- 3-4 Big step R to the right side, Drag L
- 5&6 ¼ turn to the left crossing L behind R, R to the right side, Step L forward
- 7-8 Point R to the right side, Flick R behind L

SEC 3 SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE, FORWARD

- 1-2 Side rock R to the right, Recover onto L
- 3&4 Cross R behind L, L to the L side, Cross R over L
- 5-6 Side rock L to the left, Recover onto R
- 7&8 Cross L behind R, R to the R side, Step L forward

Detox

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Detox

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SEC 4 SIDE, ARMS, BEND, DOWN, UP, DOWN

- 1-2 Step R to the R side extending the right arm horizontally to the R, Extend the left arm horizontally to the left
- 3-4 Bend the R elbow hand upwards, palm open facing noon, Bend the L elbow hand upwards, palm open facing noon
- 5 Lower the R hand down keeping the elbow bent, palm open facing six
- 6 Lower the L hand down keeping the elbow bent, palm open facing six raise the right hand facing noon
- 7 Lower the R hand down keeping the elbow bent, palm open facing six and at the same time lower the head

Part C

SEC 1 DIAMOND

- 1-2& Step R forward sweeping L from back to front, Cross L over R, R to the right side
- 3-4& $\frac{1}{8}$ turn to the left step L back drag R, Step R back, $\frac{1}{8}$ turn to the left L to the left side,
- 5-6& $\frac{1}{8}$ turn to the left Step R forward sweeping L from back to front, Cross L over R, $\frac{1}{8}$ turn to the left R to the right side
- 7-8& $\frac{1}{8}$ turn to the left step L back drag R, Step R back, $\frac{1}{8}$ turn to the left L to the left side

SEC 2 STEP, STEP $\frac{1}{2}$ TURN, STEP, STEP $\frac{1}{2}$ TURN, $\frac{1}{4}$ SIDE, BACK SWEEP, BACK SWEEP, BACK TOGETHER

- 1-2& Step R forward, Step L forward, $\frac{1}{2}$ turn to the right
- 3-4& Step L forward, Step R forward, $\frac{1}{2}$ turn to the left
- 5-6-7 $\frac{1}{4}$ turn left step R to R, Step L back sweeping R from front to back, Step back R sweeping L from front to back
- 8& Step L back, R beside L (weight on your R)

