

Dear Life



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall High Beginner Level Dance.
Choreographed by: Emil Langdal Torstad (NOR) May 2025
Choreographed to: Dear Life by Grant Knoche & Tayler Buono

Intro: 4 Counts. Start at approx 2 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	WEAVE, SHUFFLE, BACK ROCK
1-2	Step RF to R, step LF behind RF
3-4	Step RF to R, step LF in front of RF
5&6	Step RF to R, step LF together, step RF to R
7-8	Step LF behind RF, Recover weight to RF
SEC 2	WEAVE CHIEFLE DACK DOCK
SEC 2	WEAVE, SHUFFLE, BACK ROCK
1-2	Step LF to L, step RF behind LF
3-4	Step LF to L, step RF in front of LF
5&6	Step LF to L, step RF together, step LF to L
7-8	Step RF behind LF, Recover weight to LF
SEC 3	MONTEREY 1/4 TURN, MONTEREY 1/4 TURN
1-2	Point RF to R, turn ¼ R step RF together (3:00)
3-4	Point LF to L, Step LF together
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5- 4 5-6	·
	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together
5-6 7-8	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together
5-6 7-8 SEC 4	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP
5-6 7-8 SEC 4 1-2	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF
5-6 7-8 SEC 4 1-2 3&4	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF Step RF back, step LF together, step RF forward
5-6 7-8 SEC 4 1-2 3&4 5-6&	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF Step RF back, step LF together, step RF forward Step LF forward, recover weight back on RF, ¼ L sweeping LF from front to back (3:00)
5-6 7-8 SEC 4 1-2 3&4	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF Step RF back, step LF together, step RF forward
5-6 7-8 SEC 4 1-2 3&4 5-6&	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF Step RF back, step LF together, step RF forward Step LF forward, recover weight back on RF, ¼ L sweeping LF from front to back (3:00)
5-6 7-8 SEC 4 1-2 3&4 5-6& 7&8	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF Step RF back, step LF together, step RF forward Step LF forward, recover weight back on RF, ¼ L sweeping LF from front to back (3:00) Step LF back, step RF together, step LF forward
5-6 7-8 SEC 4 1-2 3&4 5-6& 7&8	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF Step RF back, step LF together, step RF forward Step LF forward, recover weight back on RF, ¼ L sweeping LF from front to back (3:00) Step LF back, step RF together, step LF forward At the end of Wall 4 STEP, PIVOT ½ TURN, FULL TURN
5-6 7-8 SEC 4 1-2 3&4 5-6& 7&8	Point RF to R, turn ¼ R step RF together (6:00) Point LF to L, Step LF together ROCK, COASTER STEP, ROCK, ¼ SWEEP TURN, COASTER STEP Step RF forward, recover weight back on LF Step RF back, step LF together, step RF forward Step LF forward, recover weight back on RF, ¼ L sweeping LF from front to back (3:00) Step LF back, step RF together, step LF forward At the end of Wall 4

